

Carmelite CONVERSATIONS

Facilitating Spiritual Journeys in the Carmelite Tradition



Fr Matthew Tonini, O.Carm

A TROUBLED HEART THE TRAGIC IN LIFE

There are seasons in every human life.

To live is to encounter pain, suffering, heartache and loss. The agony of these moments can bring us to our knees. Burdened by their weight, we can feel lost, abandoned and afraid.

This Season of the Heart can be blinding — what we have known can become obscure. We can even begin to question the reality of God's presence.

How do you proceed when the way is not clear?

What has been your experience of walking a dark way?

Can you trust the way forward when life takes you along a path you did not choose?

The Carmelite tradition speaks into our suffering, reminding us:

- ◆ God never abandons us.
- ◆ God is more present to us than we are to ourselves.
- ◆ God's love abides with us, even in times of darkness.
- ◆ We are invited to remain open so that God can love us all the way through.

WEDNESDAY 9 SEPTEMBER 2026

10.30am – 12.00pm (Melbourne Time)

“Despite all evidence to the contrary, Carmel testifies that God's love is always present in the debris of our lives.”

— Fr Jack Welch O.Carm

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