

# Novena to Our Lady of Mount Carmel



Mary,  
you are always with the brothers  
and sisters of your Son as we  
seek to follow in his footsteps.  
Help us keep our hearts open  
to God and to the needs of  
one another.  
Be with those who struggle  
with disease and illness, tension  
and tragedy.  
Help us bring peace and  
reconciliation wherever it  
is needed.  
Help us to protect and look  
after each other.  
Help us bring moments of  
healing and grace into each  
other's lives.  
Help us to be God's heart in  
the heart of the world.  
This we ask through your Son,  
Jesus Christ, our Lord. Amen.

On the 9 days before the Feast of Our Lady of Mount Carmel (16 July), we pray for the following intentions for all those in need

throughout the world. The novena can be prayed at any time of the year for these intentions or for your own asking Our Lady of Mount

Carmel to intercede and pray with us. The prayers and images below can be downloaded from our website at [carmelites.org.au](http://carmelites.org.au)

## DAY 1



We begin this novena to Our Lady of Mount Carmel today and pray for **peace between nations, our neighbours, in our families and with ourselves**. May we bring peace and reconciliation wherever it is needed.

## DAY 2



We pray for **all who struggle with disease and illness, tension and tragedy**. May we bring moments of healing and grace into each other's lives.

## DAY 3



We pray for **all who have died**. May they rest gently in God's love. May God heal the broken hearts of those who mourn.



#### DAY 4



Today we remember *all experiencing hardship and difficulty*. Through our care and support may they know God has not forgotten them.

#### DAY 5



Today we remember *all young people*. May we be loving support and wise counsel as they negotiate the world around them.

#### DAY 6



We pray for *those no longer young*. May we honour their wisdom and be their strength in the challenges of ageing.

#### DAY 7



We pray for *our families and friends*. May our love nurture and sustain our relationships

#### DAY 8



Today we remember *all who are the face of God to those in need*. May their generosity and love inspire us with life-giving words and actions.

#### DAY 9



On this final day of our Novena to Our Lady of Mount Carmel we pray for *the many ways God's love reaches into our lives through the gift of others*. May we also lend our love and support as together we live our faith.



The  
**Carmelites**  
Australia & Timor-Leste  
PRAYER · COMMUNITY · SERVICE

carmelites.org.au

