



CELEBRATING AT HOME  
FIFTH SUNDAY OF EASTER

*Jesus, our Way, Truth and Life (Jn 14:1-12)*



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### Sign of the Cross

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

The Lord is here, present among us.

**We are gathered with the whole Church in this moment of prayer.**

### Preparing to hear the Word

Lord Jesus,  
**you are our Way.**

Lord Jesus,  
**you are our Truth.**

Lord Jesus,  
**you are our Life.**

Risen Christ,  
give us the courage and strength we need  
to be your living presence in the world.  
**Amen.**

### Scripture Reading (*John 14:1-12*)

Jesus said to his disciples:  
'Do not let your hearts be troubled. Trust in God still,  
and trust in me. There are many rooms in my Father's  
house; if there were not, I should have told you. I am  
now going to prepare a place for you and after I have  
gone and prepared you a place, I shall return to take  
you with me; so that where I am, you may be too. You  
know the way to the place where I am going.'

Thomas said, 'Lord, we do not know where you are  
going, so how can we know the way?' Jesus said,  
'I am the Way, the Truth and the Life. No one can  
come to the Father except through me. If you know  
me, you know my Father too. From this moment you  
know him and have seen him.'

Philip said, 'Lord, let us see the Father and then we  
shall be satisfied.' 'Have I been with you all this time,  
Philip,' said Jesus to him, 'and you still do not know  
me?'

To have seen me is to have seen the Father, so how  
can you say, "Let us see the Father"? Do you not

believe that I am in the Father and the Father is in  
me? The words that I say to you I do not speak as  
from myself: it is the Father, living in me, who is doing  
this work. You must believe me when I say that I am  
in the Father and the Father is in me; believe it on the  
evidence of this work, if for no other reason.

I tell you most solemnly, whoever believes in me will  
perform the same work as I do myself, he will perform  
ever greater works, because I am going to the Father."

### Reflection - *Jesus, the Way, Truth & Life*

In the opening words of the Gospel Jesus calls the  
disciples to trust him and to trust God. He does so  
in the context of announcing his departure to them.  
Understandably, the disciples are afraid and uncertain  
which the questions of Thomas and Philip show.

Jesus calls them to trust him as the way to the God,  
the living truth about the God and the very life of God.

In a sense, Jesus is our map, our road and the  
destination of our journey. But arriving at the  
destination is not something which only happens in  
heaven. We are meant to start arriving now through  
the gift of the Spirit.

It is the spirit of Jesus who holds us in communion  
with God, who reveals to us the truth about God and  
who is the very life of God within each of us. Jesus is  
the reign of God in person and that is what we are  
called to be, too.

We want to live true to the vocation God has given  
us, aware of the Spirit which has been placed into  
our hearts, allowing that Spirit to change us into true  
believers so that the face of God might be seen within  
our own.

### Prayers of Intercession

Lord, help us to really listen to you  
**and to one another.**

Keep us strong in faith, hope and love  
**so that the face of Jesus may be seen in us.**

We pray for all those mourning loved ones:  
**bring them comfort and peace.**

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### Lord's Prayer

Formed by the teaching and example of Jesus,  
we pray:

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth  
as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

### Closing Prayer

Lord, God,  
in the resurrection of Jesus  
you share with us his risen life.  
Transform our darkness, fear and isolation  
with your comforting presence  
so that we can be your calm, loving,  
healing presence to each other.  
Through Christ our Lord.  
**Amen.**

### Blessing

May your blessing be upon us, O Lord,  
**and remain with us for ever.**

We go in the peace of the risen Christ!  
**Alleluia! Alleluia!**



# Journey into the Light

This resource is presented by the Carmelites of Australia & Timor-Leste at a time when many cannot gather together as we usually do to celebrate the Eucharist. We are conscious that Christ is present not only in the Blessed Sacrament but also in the Scriptures and in our hearts. Even when we are on our own we remain part of the Body of Christ.

In the room you decide to use for this prayer you could have a lighted candle, a crucifix and the Bible. These symbols help keep us mindful of the sacredness of our time of prayer and can help us feel connected with our local worshipping communities.

This text is arranged with parts for a leader and for all to pray, but the leader's parts can be shared among those present.

As you use this prayer know that the Carmelites will be remembering in our prayer all the members of our family at this time.



The  
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