



# Lectio Divina

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# Wednesday, February 1, 2023

## Opening Prayer

Lord our God,  
help us to love You with all our hearts and to love all people as You love them.  
We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You  
and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 6: 1-6

Jesus departed from there and came to his native place, accompanied by his disciples. When the sabbath came he began to teach in the synagogue, and many who heard him were astonished. They said, "Where did this man get all this? What kind of wisdom has been given him? What mighty deeds are wrought by his hands! Is he not the carpenter, the son of Mary, and the brother of James and Joseph and Judas and Simon? And are not his sisters here with us?" And they took offense at him. Jesus said to them, "A prophet is not without honor except in his native place and among his own kin and in his own house." So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them. He was amazed at their lack of faith.

## Reflection

The Gospel today speaks of the visit of Jesus to Nazareth and describes the obstinacy of the people of Nazareth who do not want to accept Him. (Mk 6: 1-6). Tomorrow the Gospel describes the openness of Jesus toward the people of Galilee, shown through the sending out of His disciples on mission (Mk 6: 7-13).

- Mark 6: 1-2a: Jesus returns to Nazareth. At that time Jesus went to His home town, and His disciples accompanied Him. "With the coming of the Sabbath, He began teaching in the synagogue." It is always good to return to one's home town and to reunite with friends. After a long absence, Jesus also returns, and as usual, on Saturday, He goes to the synagogue to participate in the meeting of the community. Jesus was not the coordinator of the community, but even though He was not, He takes the floor and begins to teach. This is a sign that people could participate and express their own opinion.
- Mark 6: 2b-3: Reaction of the people of Nazareth before Jesus. The people of Capernaum had accepted the teaching of Jesus (Mk 1: 22), but the people of Nazareth did not like the words of Jesus and were scandalized. For what reason? Jesus, the boy whom they had known since He was born, how is it that now He is so different? They do not accept God's mystery present in Jesus, a human being and common as they are and known by all! They think that to be able to speak of God, He should be different from them! As we can see, not everything went well for Jesus. The people who should have been the first ones to accept the Good News were precisely those who had the greatest difficulty accepting it. The conflict was not only with foreigners, but especially with His relatives and with the people of Nazareth. They refused to believe in Jesus, because they could not understand the mystery of God embracing the person of Jesus. "From where do all these things come to Him? And what wisdom is

this which has been given to Him? And these miracles which are worked by Him? This is the carpenter, surely, the son of Mary, the brother of James and Joses and Jude and Simon? His sisters too, are they not here with us?" And they would not accept Him. They do not believe in Jesus!

- The brothers and the sisters of Jesus. The expression "brothers of Jesus" causes polemics among Catholics and Protestants. Based on this text and on others, the Protestants say that Jesus had more brothers and sisters and that Mary had more sons! The Catholics say that Mary had no other sons. What should we think about all this? In the first place, the two positions, that of Catholics and that of the Protestants, both have arguments taken from the Bible and from the tradition of their respective communities. Therefore, it is not proper to discuss this question with arguments drawn only from reason. This is a question of profound convictions, which have something to do with the faith sentiments both of Catholics and Protestants. An argument taken only from reason cannot succeed in changing the conviction of the heart! On the contrary, it irritates and draws others away! Even when I do not agree with the opinion of another, I should always respect it! We, both Catholics and Protestants, instead of discussing texts, should unite to struggle in defense of life, created by God, a life which has been so disfigured by poverty and injustice, by the lack of faith. We should remember other phrases of Jesus: "I have come in order that they may have life and life in abundance" (Jn 10: 10). "That all may be one, so that the world may believe that You, Father, have sent Me" (Jn 17: 21). "Who is not against us is for us" (Mk 10: 39-40).
- Mark 6: 4-6. Jesus' reaction before the attitude of the people of Nazareth. Jesus knows very well that "nobody is a prophet in his own country." He says, "A prophet is despised only in his own country, among his own relations and in his own house." In fact, where there is no acceptance or faith, people can do nothing. The preconception prevents this. Even if Jesus wanted to do something, He cannot, and He is amazed at their lack of faith. For this reason, before the closed door of His community "He began to make a tour around the villages, teaching." The experience of this rejection led Jesus to change His practice. He goes to the other villages and, as we shall see in tomorrow's Gospel, He gets the disciples involved in the mission instructing them on how they have to continue the mission.

## Personal Questions

- Jesus had problems with His relatives and with His community. From the time when you began to live the Gospel better, has something changed in your relationship with your family and with your relatives?
- Jesus cannot work many miracles in Nazareth because faith is lacking. Today, does He find faith in us, in me?
- Does the debate over Mary and Jesus' brothers and sisters precipitate a change in our behavior or how we put faith into action? Should this change how we treat the poor and marginalized?

## Concluding Prayer

How blessed are those whose offense is forgiven, whose sin blotted out.

How blessed are those to whom Yahweh imputes no guilt, whose spirit harbors no deceit. (Ps 32: 1-2)

## Thursday, February 2, 2023

*The Presentation of the Lord*

### Opening Prayer

O God, our Creator and Father, you willed that your Son, generated before the dawn of the world, should become a member of the human family. Rekindle in us an appreciation for the gift of life, so that parents may participate in the fruitfulness of your love, old people may pass on to young ones their mature wisdom, and children may grow in wisdom, piety and grace, all giving praise to your holy name. Through Christ our Lord.

### Reading: Luke 2: 22-40

When the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, "Every male that opens the womb shall be called holy to the Lord") and to offer a sacrifice according to what is said in the law of the Lord, "a pair of turtledoves, or two young pigeons."

Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, looking for the consolation of Israel, and the Holy Spirit was upon him. And it had been revealed to him by the Holy Spirit that he should not see death before he had seen the Lord's Christ. And inspired by the Spirit he came into the temple; and when the parents brought in the child Jesus, to do for him according to the custom of the law, he took him up in his arms and blessed God and said, "Lord, now lettest thou thy servant depart in peace, according to thy word; for mine eyes have seen thy salvation which thou hast prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to thy people Israel."

And his father and his mother marveled at what was said about him; and Simeon blessed them and said to Mary his mother, "Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against (and a sword will pierce through your own soul also), that thoughts out of many hearts may be revealed."

And there was a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher; she was of a great age, having lived with her husband seven years from her virginity, and as a widow till she was eighty-four. She did not depart from the temple, worshiping with fasting and prayer night and day. And coming up at that very hour she gave thanks to God, and spoke of him to all who were looking for the redemption of Jerusalem.

And when they had performed everything according to the law of the Lord, they returned into Galilee, to their own city, Nazareth. And the child grew and became strong, filled with wisdom; and the favor of God was upon him.

### A Moment of Prayerful Silence

*that the Word of God may dwell in us and that we may allow it to enlighten our lives; that before we pass any comments, the very light of the Word may shine and dominate with the mystery of the living presence of the Lord.*

## Some Questions

*to help us in our personal reflection.*

- Why should Jesus, Son of the Most High, and his mother Mary, conceived without sin, obey the prescriptions of Moses? Maybe because Mary was not yet aware of her innocence and holiness?
- Is there special significance in the words and attitudes of Simeon and the prophetess Anna? Do not their actions and joy perhaps recall the style of the ancient prophets?
- How can we explain this "sword" that pierces: is it a rending of the consciences before the challenges and richness of Jesus? Or is it only the inner pains of the Mother?
- Can this scene mean anything to parents today: for the religious formation of their children; for the plan that God has for each of their children; for the fears and sufferings that parents carry in their hearts when they think of the time when their children grow up?

## A Key to the Reading

*for those who wish go deeper into the text.*

- As laid down in the law of Moses/of the Lord. This is a kind of refrain repeated several times. Luke mixes two prescriptions without making any distinction. The purification of the mother was foreseen in Leviticus (12: 2-8) and was to take place forty days after the birth. Until then, the woman could not approach sacred places, and the ceremony was accompanied by the gift of a small animal. But the consecration of the first-born was prescribed in Exodus 13: 11-16 and was considered a kind of "ransom" in memory of the saving action of God when he liberated the Israelites from slavery in Egypt. For this also the offering was a small animal. In all of this scene, the parents seem to be in the process of presenting/offering their son as was done with sacrifices and Levites, while through the persons of Simeon and Anna it seems rather God who offers/presents the son for the salvation of people.
- Simeon and Anna: these are figures full of symbolical value. Their role is one of recognition, that comes from both the enlightenment and action of the Spirit and a life lived in expectation and faith. Simeon especially is defined as *prodekòmenos*, that is, one entirely absorbed in waiting, and one who goes forward to welcome. He, too, appears to be obedient to the law, the law of the Spirit, who leads him towards the child in the temple. The canticle he proclaims manifests his *pro-existentia*, he has lived in order to come to this moment and now he withdraws so that others may see the light and the salvation to come for Israel and the pagans. Anna completes the picture, by her very age (symbolical value: 84 equals 7x12, the twelve tribes of Israel; or  $84 - 7 = 77$ , double perfection), but above all by her way of living (fasting and praying) and by her proclamation to all who "looked forward." She is led by the Spirit of prophecy, docile and purified in her heart. Besides, she belongs to the smallest of the tribes, that of Aser, a sign that the small and fragile are those more disposed to recognize Jesus, the Savior. Both of these old persons – who look like an original couple – are symbols of the best of Judaism, of faithful and

meeek Jerusalem, that awaits and rejoices and that from now on allows the new light to shine.

- A sword will pierce: generally, these words are interpreted as meaning that Mary will suffer, a drama made visible of the Our Lady of Sorrows. Rather, we need to see the Mother as a symbol of Israel. Simeon feels the drama of his people who will be deeply torn by the living and sharp word of the redeemer (cf Lk 12: 51-53). Mary represents the path: she must trust, but will go through times of pain and darkness, struggles and painful silences. The story of the suffering Messiah will be painful for all, even for the Mother. One does not follow the new light of the whole world without paying the cost, without being provoked to make risky choices, without being always born again from on high and in newness. But these images of the "sword that pierces," of the child who will "trip" and shake hearts from their lethargy, are not to be separated from the meaningful action of the two old persons: the one, Simeon, takes the child in his arms to show that faith is a meeting and an embrace, not an idea of theorem; the other, Anna, takes on the role of proclaiming and enkindles a bright light in the hearts of all who "looked forward" to him.
- Daily life, an epiphany of God: finally, it is interesting to note that the whole episode emphasizes the situation of the most simple and homely: the young couple with the child in their arms; the old man who rejoices and embraces, the old lady who prays and proclaims, those listening who appear to be indirectly involved. At the end of the passage, we also get a glimpse of the village of Nazareth, of the growth of the child in a normal context, the impression of a child extraordinarily gifted with wisdom and goodness. The theme of wisdom woven into the fabric of normal life and growth in a village context, leaves the story as if in suspense, and it will be taken up again precisely with the theme of the wisdom of the boy among the doctors in the temple. Indeed, this is the episode that follows immediately (Lk 2: 41-52).

## Psalm 122

I was glad when they said to me, "Let us go to the house of the Lord!"  
Our feet have been standing within your gates, O Jerusalem!  
Jerusalem, built as a city which is bound firmly together, to which the tribes go up,  
the tribes of the Lord,  
as was decreed for Israel,  
to give thanks to the name of the Lord.  
There thrones for judgment were set, the thrones of the house of David.  
Pray for the peace of Jerusalem! "May they prosper who love you! Peace be within  
your walls,  
and security within your towers!"  
For my brethren and companions' sake I will say, "Peace be within you!"  
For the sake of the house of the Lord our God, I will seek your good.

## Final Prayer

Father, we praise you and we bless you because through your Son, born of woman by the working of the Holy Spirit, born under the law, has ransomed us from the law and you have filled our life with light and new hope. May our families welcome and remain faithful to your designs, may they help and sustain in their children the new

dreams and enthusiasm, wrap them in tenderness when they are fragile, educate them in love for you and for all creatures. All honor and glory to you, Father.

## Friday, February 3, 2023

*Ordinary Time*

### Opening Prayer

Lord our God,  
help us to love you with all our hearts and to love all men as you love them.  
We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### Gospel Reading - Mark 6: 14-29

King Herod had heard about him, since by now his name was well known. Some were saying, 'John the Baptist has risen from the dead, and that is why miraculous powers are at work in him.' Others said, 'He is Elijah,' others again, 'He is a prophet, like the prophets we used to have.' But when Herod heard this, he said, 'It is John whose head I cut off; he has risen from the dead.'

Now it was this same Herod who had sent to have John arrested and had had him chained up in prison because of Herodias, his brother Philip's wife whom he had married. For John had told Herod, 'It is against the law for you to have your brother's wife.'

As for Herodias, she was furious with him and wanted to kill him, but she was not able to do so, because Herod was in awe of John, knowing him to be a good and upright man, and gave him his protection. When he had heard him speak, he was greatly perplexed, and yet he liked to listen to him.

An opportunity came on Herod's birthday when he gave a banquet for the nobles of his court, for his army officers and for the leading figures in Galilee. When the daughter of this same Herodias came in and danced, she delighted Herod and his guests; so the king said to the girl, 'Ask me anything you like and I will give it you.' And he swore her an oath, 'I will give you anything you ask, even half my kingdom.'

She went out and said to her mother, 'What shall I ask for?' She replied, 'The head of John the Baptist.' The girl at once rushed back to the king and made her request, 'I want you to give me John the Baptist's head, immediately, on a dish.'

The king was deeply distressed but, thinking of the oaths he had sworn and of his guests, he was reluctant to break his word to her. At once the king sent one of the bodyguards with orders to bring John's head.

The man went off and beheaded him in the prison; then he brought the head on a dish and gave it to the girl, and the girl gave it to her mother.

When John's disciples heard about this, they came and took his body and laid it in a tomb.

### Reflection

The Gospel today describes how John the Baptist was victim of the corruption and of the arrogance of the Government of Herod. He died without being judged by a tribunal, in the course of a banquet given by Herod with the great men of the kingdom. The text gives much information about the time of the life of Jesus and on



the way in which the powerful of the time exercised power. From the beginning of the Gospel of Mark we perceive or see a situation of suspense. He had said: "After John had been arrested, Jesus went into Galilee proclaiming the Gospel of God!" (Mk 1: 14). In today's Gospel, almost suddenly, we know that Herod had already killed John the Baptist. Therefore, the reader asks himself: "What will he do now with Jesus? Will he suffer the same destiny? Rather than drawing up a balance of the opinions of the people and of Herod on Jesus, Mark asks another question: "Who is Jesus?" This last question grows throughout the Gospel until it receives the definitive response from the centurion at the foot of the Cross: "Truly, this man was the Son of God!" (Mk 15: 39)

- Mark 6: 14-16. Who is Jesus? The text begins with a balance on the opinions of the people and of Herod on Jesus. Some associated Jesus to John the Baptist and to Elijah. Others identified him with a Prophet, that is, with someone who spoke in the name of God, who had the courage to denounce the injustices of the powerful and who knew how to animate the hope of the little ones. Persons tried to understand Jesus starting from the things that they themselves knew, believed, and hoped. They tried to make him fit into familiar criteria of the Old Testament with its prophecies and its hopes, and of the Tradition of the Ancient, with their laws. But these criteria were not sufficient. Jesus could not fit in those criteria. He was much greater!
- Mark 6: 17-20. The cause for the killing of John. Galilee, the land of Jesus, was governed by Herod Antipas, the son of King Herod, the Great, from the year 4 BC up to the year 39 after Christ. In all, 43 years! During the whole lifetime of Jesus, there had been no changes in the government of Galilee! Herod Antipas was the absolute Lord of everything; he listened to no one and did whatever he pleased! But the one, who really commanded in Palestine, from the year 63 BC, was the Roman Empire. Herod, in order not to be removed from office, tried to please Rome in everything. He insisted above all, in an efficient administration which would provide income for the Roman Empire. The only thing that concerned or worried him was his security and promotion. This is why he repressed any type of subversion. Falvio Giuseppe, a writer of that time, says that the reason for the imprisonment of John the Baptist was the fear that Herod had of a popular revolt. Herod liked to be called benefactor of the people, but in reality he was a tyrant (Lk 22: 25). The denouncement of John against him (Mk 6: 18), was the drop which filled up the cup, and John was thrown into prison.
- Mark 6: 21-29: The plot of the murdering. The anniversary and the banquet of the feast, with dancing and orgies! This was an environment in which the alliances were plotted. To the feast attended and were present "the great of the court, the officials and important persons from Galilee." In this environment the murdering of John the Baptist was plotted. John, the prophet, was a living denouncement in this corrupt system. This is why he was eliminated under the pretext of a problem of personal vengeance. All this reveals the moral weakness of Herod. So much power accumulated in the hands of a man who did not control himself!

Under the enthusiasm of the feast and of the wine, Herod swore lightly to give something to the young dancer. And superstitious as he was, he thought that he had to maintain his oath. For Herod, the life of his subjects counted nothing had no value. He used them as he wanted and decided what to do with them just as he decided where to place the chairs in his house. Mark gives an account of how things happened and lets the community draw the conclusions.

## Personal Questions

- Do you know the case of persons who have died victims of corruption and of the dominion of the powerful? And do you know persons in our community and in our Church victims of authoritarianism and of an excess of power?
- Herod, the powerful who thought to be the owner of life and death of the people, was a great superstitious person, and feared John the Baptist. He was a coward before the great, a corrupt man before the girl. Superstition, cowardice, and corruption distinguished the exercise of the power of Herod. Compare this with the religious and civil power today in the various levels of society and of the Church.

## Concluding Prayer

This God, his way is blameless;  
the word of Yahweh is refined in the furnace,  
for he alone is the shield of all who take refuge in him. (Ps 18: 30)

## Saturday, February 4, 2023

*Ordinary Time*

## Opening Prayer

Lord our God,  
help us to love you with all our hearts and to love all men as you love them.  
We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you  
and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 6: 30-34

The apostles rejoined Jesus and told him all they had done and taught.  
And he said to them, 'Come away to some lonely place all by yourselves and rest for  
a while'; for there were so many coming and going that there was no time for them  
even to eat.

So they went off in the boat to a lonely place where they could be by themselves.  
But people saw them going, and many recognized them; and from every town they  
all hurried to the place on foot and reached it before them.

So as he stepped ashore he saw a large crowd; and he took pity on them because  
they were like sheep without a shepherd, and he set himself to teach them at some  
length.

## Reflection

The Gospel today is in great contrast with that of yesterday. On one side, the banquet  
of death, wanted by Herod with the great of his kingdom in the Palace of the Capital,  
during which John the Baptist was murdered, (Mk 6: 17-29); on the other side, the  
banquet of life promoted by Jesus with the hungry people of Galilee, in the desert  
(Mk 6: 30-44). The Gospel today presents only the introduction of the multiplication  
of the loaves and describes the teaching of Jesus.

- Mark 6: 30-32. The welcome given to the disciples. “At that time, the Apostles rejoined Jesus and told him all they had done and taught. And he said to them: “Come away to some lonely place all by yourselves and rest for a while.” These verses show how Jesus formed his disciples. He was not concerned only about the content of the preaching, but also of rest for the disciples. He invited them to go to a lonely place so as to be able to rest and review what they had done.
- Mark 6: 33-34. The welcome given to the people. The people perceive that Jesus had gone to the other side of the lake, and they followed him trying to go to him by foot, to the other shore. “So as he stepped ashore he saw a large crowd, and he took pity on them because they were like sheep without a shepherd and he set himself to teach them at some length.” Seeing that crowd Jesus was sad, “because they were like sheep without a shepherd.” He forgets his rest and begins to teach them. In becoming aware that the people have no shepherd, Jesus began to be their shepherd. He begins to teach them. As the Psalm says: “The Lord is my Shepherd! I lack nothing. In grassy meadows he lets me lie. By tranquil streams he leads me to restore my spirit. He guides me in paths of saving justice as befits his name. Even were I to walk in a ravine as dark as death I should fear no danger, for you are at my side. Your staff and your crook are there to soothe me. You prepare a table for me under the eyes of my enemies.” (Ps 23: 1, 3-5). Jesus wanted to rest together with his disciples, but the desire to respond to the needs of the people impels him to leave rest aside. Something similar happens when he meets the Samaritan woman. The disciples went to get some food. When they returned, they said to Jesus: “Master, eat something!” (Jn 4: 31), but he answers: “I have food to eat that you do not know about” (Jn 4: 32). The desire to respond to the needs of the Samaritan people leads him to forget his hunger. “My food is to do the will of the one who sent me and to complete his work” (Jn 4: 34). The first thing is to respond to the people who look for him. Then he can eat.
- Then Jesus began to teach them many things. The Gospel of Mark tells us many things that Jesus taught. The people were impressed: “A new teaching! He taught them with authority! It was unlike that of the Scribes!” (Mk 1: 22, 27). Teaching was what Jesus did the most (Mk 2: 13; 4: 1-2; 6: 34). This is what he usually did (Mk 10: 1). For other fifteen times Mark says that Jesus taught. Was it perhaps because Mark was not interested in the content? It depends on what people understand when they speak about content! To teach is not only a question of teaching new truths in order to say something. The content which Jesus gave did not only appear in his words, but also in his gestures and in his way of relating with persons. The content is never separated from the person who communicates it. Jesus was a welcoming person (Mk 6, 34). He wanted the good of the people. The goodness and the love which came from his words formed part of the content. They were his temperament. A good content, without goodness and kindness would be like milk poured on the floor. This new way which Jesus had of teaching manifested itself in a thousand ways. Jesus accepts as disciples not only men, but also women. He does not only teach in the synagogue, but also in any place where there were people to listen to him: in the synagogue, in the house, on the shore, on the mountain, on the plain, in the boat, in the desert. It was not the relationship of pupil-teacher, but of disciple to Master. The professor teaches and the pupil is with him during the time of the class. The Master gives witness and the disciple lives with him 24 hours a day. It is more difficult to be a Master than a teacher! We are not pupils of Jesus, we are his disciples! The teaching of Jesus was a communication that

came from the abundance of his Heart in the most varied forms: like a conversation by which he tries to clarify the facts (Mk 9: 9-13), like a comparison or parable that invites people to think and to participate (Mk 4: 33), like an explanation of what he himself thought and did (Mk 7: 17-23), like a discussion which does not necessarily avoid polemics (Mk 2: 6-12), like a criticism that denounces what is false and mistaken (Mk 12: 38-40). It was always a witness of what he himself lived, an expression of his love! (Mt 11: 28-30).

## Personal Questions

- What do you do when you want to teach others something about your faith and of your religion? Do you imitate Jesus?
- Jesus is concerned not only about the content, but also about rest. How was the teaching of religion that you received as a child? Did the catechists imitate Jesus?

## Concluding Prayer

How can a young man keep his way spotless? By keeping your words.  
With all my heart I seek you,  
do not let me stray from your commandments. (Ps 119: 9-10)

# Sunday, February 5, 2023

*Fifth Sunday of Ordinary Time*

## Opening Prayer

Lord Jesus, send Your Spirit to help us to read the Scriptures with the same mind that You read them to the disciples on the way to Emmaus. In the light of the Word, written in the Bible, you helped them to discover the presence of God in the disturbing events of Your sentence and death.

Thus, the cross that seemed to be the end of all hope became for them the source of life and of resurrection.

Create silence in us so that we may listen to Your voice in Creation and in the Scriptures, in events and in people, above all in the poor and suffering. May Your word guide us so that we too, like the two disciples on the way to Emmaus, may experience the force of Your resurrection and witness to others that You are alive in our midst as source of fraternity, justice and peace. We ask this of You, Jesus, son of Mary, who revealed the Father to us and sent us Your Spirit. Amen.

## Gospel Reading - Mt 5: 13-16

### Key for the Reading of Both Parables:

If you have a chance, read Matthew 5: 1-12, which meditated on the eight Beatitudes. The Beatitudes constitute the beginning of the Sermon on the Mount and describe the eight doors of entry into the Kingdom of God, by a life in community (Mt 5: 1-12). This Sunday we meditate the continuation (Mt 5: 13-16) which presents two well-known parables, of the light and of the salt, with which Jesus describes the mission

of the community. The community has to be salt of the earth and light of the world. Salt does not exist for itself, but to give flavor to food. Light does not exist in itself, but to illuminate the road. We, our community, do not exist for ourselves, but for others and for God.

Almost always when Jesus wants to communicate an important message, He has recourse to a parable or to a comparison, taken from daily life. In general, He does not explain the parable, because it is a question of things that we all know from experience. A parable is a provocation. Jesus provokes the audience to use its own personal experience to understand the message which He wants to communicate. In the case of the Gospel of this Sunday, Jesus wants that each one of us analyze the experience that he or she has of salt and light to understand the mission that is ours as Christians. In this world, is there someone, perhaps, who does not know what salt is or what light is? Jesus begins with two very common and universal things to communicate his message.

### A Division of the Text to Help in the Reading:

- Matthew 5: 13: The Parable of the salt
- Matthew 5: 14-15: The Parable of the light
- Matthew 5: 16: Application of the parable of the light.

### The Text:

13 "You are salt for the earth. But if salt loses its taste, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled under people's feet. 14 You are light for the world. A city built on a hilltop cannot be hidden. 15 No one lights a lamp to put it under a tub; they put it on the lampstand where it shines for everyone in the house. 16 In the same way your light must shine in people's sight, so that, seeing your good works, they may give praise to your Father in heaven."

## A Moment of Prayerful Silence

*so that the Word of God may penetrate and enlighten our life.*

## Some Questions

*to help us in our personal reflection*

- Which part of the text struck you most? Why?
- In the first place, before trying to understand the meaning of Jesus' words about the salt, try to reflect within yourself on the experience that you have of the salt in your life and try to discover this: "According to me, salt, for what is it good?"
- Starting then from this personal experience concerning the salt, try to discover the meaning of Jesus' words for your life and for the life of the community, of the Church. Am I being salt? Is our community being salt? Is the Church being salt?
- What meaning does light have in your life? What has been your experience concerning light?

- What is the meaning of the parable of the light starting from the application which Jesus Himself makes in the parable?

## To Deepen More On This Theme

### Context of the Discourse of Jesus:

- **Literary context.** The four verses of the Gospel of this Sunday (Mt 5: 13-16) are found among the eight Beatitudes (Mt 5: 1-12) and the explanation of how the Law transmitted by Moses is to be understood (Mt 5: 17-19). Then follows the new reading which Jesus makes of the commandments of the Law of God (Mt 5: 20-48). Jesus asks us to consider the purpose of the Law which according to Him is contained in the words: "Be perfect as your Heavenly Father is perfect" (Mt 5: 48). Jesus asks us to imitate God! At the origin of this new teaching of Jesus is found the new experience which He has of God the Father. Observing the Law in this way, we will be salt of the earth and light of the world.
- **Historical Context.** Many converted Jews continued to be faithful in the observance of the Law, just as they had done during their childhood. But now, having accepted Jesus as the Messiah, and, at the same time, being faithful to the teaching received from their parents and the Rabbi, they were cutting themselves out from their Hebrew past, they were expelled from the synagogues, from the ancient teachers and even from their parents (Mt 10: 21-22). And in their own Christian community, they heard the converted pagans say that the Law of Moses had been surpassed and that it was not necessary to observe it. They were between two fires. On one side, the ancient teachers and companions excommunicated them. On the other side, the new companions criticized them. All this caused tension and uncertainty in them. The openness of some criticized the closeness of others and vice-versa. This conflict brought about a crisis which led them to close up in their own position. Some wanted to go ahead, others wanted to place the light under the table. And many asked themselves: "But definitively, what is our mission?" The parables of the salt and the light help us to reflect on the mission.

### Commentary on the Text:

- **Matthew 5: 13: The parable of the salt**  
Using images of daily life, with simple and direct words, Jesus makes known what is the mission and the reason for being of the Community: to be salt! In that time, because of the great heat, people and animals needed to eat much salt. The salt was delivered in great blocks by the suppliers and these blocks were placed in the public square to be consumed by the people. The salt which remained fell on the ground, was no longer good for anything and it was stepped on by everyone. Jesus recalls this usage to clarify the mission which the disciples have to carry out. Without salt nobody could live, but what remained of the salt was good for nothing.
- **Matthew 5: 14-16: The Parable of the Light**  
The comparison is obvious. Nobody lights a candle to place it under a bushel. A city on a mountain top cannot remain hidden. The community must be light, has to illuminate. It must not be afraid to show the good that it does. It does not do it to make it seen, but what it does can and should be seen. Salt does not exist for

itself. Light does not exist for itself. This is the way a community should be: it cannot close itself in self.

### To Broaden the Vision on the Beatitudes:

- The parables in the context of the community of that time
- Among the converted Jews there were two tendencies. Some thought that it was no longer necessary to observe the Laws of the Old Testament, because we have been saved by faith in Jesus and not by the observance of the Law (Rom 3: 21-26). Others thought that they, being Jews, had to continue to observe the laws of the Old Testament (Acts 15: 1-2). In each one of these two tendencies there were some more radical groups. Before this conflict, Matthew seeks a balance to unite both extremes. The community has to be a space where this balance can be reached and where it can be lived. The community has to be the center of irradiation of this lived experience and show everyone the true meaning and the objective of the Law of God. The communities cannot go against the Law, nor can they close themselves up in themselves in the observance of the Law. Like Jesus, they have to take a step ahead and show in practice the objective which the Law wants to attain, that is, the perfect practice of love. Living in this way they will be "Salt of the Earth and Light of the World."

The various tendencies in the communities of the first Christians

- The Pharisees did not recognize the Messiah in Jesus and accepted only the Old Testament. In the communities there were persons who sympathized with the mentality of the Pharisees (Acts 15: 5).
- Some converted Jews accepted Jesus as Messiah, but did not accept the freedom of Spirit with which the communities lived in the presence of the risen Jesus (Acts 15: 1).
- Others, whether converted Jews or Pagans, thought that with Jesus the end of the Old Testament had been attained and that, therefore, it was not necessary to maintain and to read the books of the Old Testament. From now on, only Jesus and the life in the Spirit! James criticizes this tendency (Acts 15:21).
- There were Christians who lived fully their life in community in the freedom of the Spirit that they no longer considered either the life of Jesus nor the Old Testament. They wanted only the Christ of the Spirit! They said, "Jesus is cursed!" (I Cor 12:3).
- The great concern in the Gospel of Matthew is to show that these three unities: (1) the Old Testament, (2) Jesus of Nazareth and (3) the life in the Spirit, cannot be separated. The three-form part of the same and unique project of God and communicate to us the central certainty of faith: the God of Abraham and of Sarah is present in the community thanks to faith in Jesus of Nazareth.

## Prayer: Psalm 27

### Yahweh is My Light

Yahweh is my light and my salvation, whom should I fear?

Yahweh is the fortress of my life, whom should I dread?

When the wicked advance against me to eat me up, they, my opponents, my enemies,

are the ones who stumble and fall.

Though an army pitch camp against me, my heart will not fear,  
though war break out against me, my trust will never be shaken.

One thing I ask of Yahweh, one thing I seek:

to dwell in Yahweh's house all the days of my life,

to enjoy the sweetness of Yahweh, to seek out His temple.

For He hides me away under His roof on the day of evil, He folds me in the recesses of His tent,

sets me high on a rock.

Now my head is held high above the enemies who surround me; in His tent I will offer sacrifices of acclaim.

I will sing, I will make music for Yahweh.

Yahweh, hear my voice as I cry. Pity me, answer me!

Of You my heart has said, 'Seek His face!' Your face, Yahweh, I seek;

do not turn away from me.

Do not thrust aside Your servant in anger, without You I am helpless.

Never leave me, never forsake me, God, my Savior. Though my father and mother forsake me,

Yahweh will gather me up.

Yahweh, teach me Your way,

lead me on the path of integrity because of my enemies; do not abandon me to the will of my foes

false witnesses have risen against me, and are breathing out violence.

This I believe: I shall see the goodness of Yahweh in the land of the living.

Put your hope in Yahweh, be strong,

let your heart be bold, put your hope in Yahweh.

## Final Prayer

Lord Jesus, we thank for the word that has enabled us to understand better the will of the Father. May your Spirit enlighten our actions and grant us the strength to practice what your Word has revealed to us. May we, like Mary, Your mother, not only listen to but also practice the Word. You live and reign with the Father in the unity of the Holy Spirit forever and ever. Amen.

## Monday, February 6, 2023

*Ordinary Time*

## Opening Prayer

Father,

watch over your family and keep us safe in your care, for all our hope is in you.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 6: 53-56

Having made the crossing, Jesus and his disciples came to land at Gennesaret and moored there.



When they disembarked people at once recognised him, and started hurrying all through the countryside and brought the sick on stretchers to wherever they heard he was.

And wherever he went, to village or town or farm, they laid down the sick in the open spaces, begging him to let them touch even the fringe of his cloak. And all those who touched him were saved.

## Reflection

The text of today's Gospel is the final part of the whole passage of Mark 6: 45-56 which presents three different themes:

- a) Jesus goes to the mountain alone to pray (Mk 6: 45-46).
- b) Immediately after, he walks on the water, goes toward the disciples who are struggling against the waves of the sea (Mk 6: 47-52).
- c) Now, in today's Gospel, when they were already on the shore, the people look for Jesus so that he can cure their sick (Mk 6: 53-56).
- Mark 6: 53-56. The search of the people. "At that time, Jesus and his disciples having made the crossing, they came to land at Gennesaret. When they disembarked, the people at once recognized him." The people were numerous looking for Jesus. They came from all parts, bringing their sick. The enthusiasm of the people who look for Jesus and recognizing him follow him is surprising. What impels people to search for Jesus is not only the desire to encounter him, to be with him, but rather the desire to be cured of the sicknesses. "And hurrying all through the countryside they brought the sick on stretchers to wherever they heard he went.
- And wherever he went to village or town or farm, they laid down the sick in the open spaces, begging him to let them touch even the fringe of his cloak, and all those who touched him were saved." The Gospel of Matthew comments and enlightens this fact quoting the figure of the Servant of Yahweh, of whom Isaiah says: "Yet ours were the sufferings he was bearing, ours the sorrows he was carrying." (Is 53: 4 and Mt 8: 16-17)
- To teach and to cure, to cure and to teach. Right from the beginning of his apostolic activity, Jesus goes through all the villages of Galilee, to speak to the people about the imminent coming of the Kingdom of God (Mk 1, 14-15). There, wherever he finds people to listen to him, he speaks and transmits the Good News of God, he accepts the sick, in all places: in the Synagogues during the celebration of the Word, on Saturday (Mk 1, 21; 3, 1; 6, 2); in the
- informal meetings in the house of friends (Mk 2: 1, 15; 7: 17; 9: 28; 10: 10); walking on the street with the disciples (Mk 2: 23); along the beach, sitting in a boat (Mk 4: 1); in the desert where he took refuge and where people looked for him (Mk 1: 45; 6, 32-34); on the mountain from where he proclaimed the Beatitudes (Mt 5: 1); in the squares of the villages and of the cities, where the people took their sick (Mk 6: 55-56); in the Temple of Jerusalem, on the occasion of pilgrimages, every day without fear (Mk 14: 49)! To cure and to teach, to teach and to cure that is what Jesus did the most (Mk 2: 13; 4: 1-2; 6: 34). This is what he used to do (Mk 10, 1). The people were amazed (Mk 12: 37; 1: 22, 27; 11: 18) and they looked for him, as a crowd.
- In the origin of this great enthusiasm of the people was, on the one hand, the person of Jesus who called and attracted and, on the other side, the

abandonment in which people lived, they were like sheep without a shepherd (cf. Mk 6: 34). In Jesus, everything was revelation of what impelled him from within! He not only spoke of God, but he also revealed him. He communicated something of what he himself lived and experienced. He not only announced the Good News. He himself was a proof, a living witness of the Kingdom. In him was manifested what happens when a human being allows God to reign in his life. What has value, what is important, is not only the words, but also and above all the witness, the concrete gesture. This is the Good News which attracts!

## Personal Questions

- The enthusiasm of the people of Jesus, looking for the sense of life and a solution for their ills. Where does this exist today? Does it exist in you, does it exist in others?
- What attracts is the loving attitude of Jesus toward the poor and the abandoned. And I, how do I deal with the persons excluded by society?

## Concluding Prayer

How countless are your works, Yahweh, all of them made so wisely!  
The earth is full of your creatures. Bless Yahweh, my soul. (Ps 104: 24, 35)

## Tuesday, February 7, 2023

### Opening Prayer

Father,  
watch over your family and keep us safe in your care, for all our hope is in you.  
We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### Gospel Reading - Mark 7: 1-13

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and all the Jews, keep the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the marketplace they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them to keep, concerning the washing of cups and pots and bronze dishes. So the Pharisees and scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?'

He answered, 'How rightly Isaiah prophesied about you hypocrites in the passage of scripture: This people honors me only with lip-service, while their hearts are far from me. Their reverence of me is worthless; the lessons they teach are nothing but human commandments. You put aside the commandment of God to observe human traditions.' And he said to them, 'How ingeniously you get round the commandment of God in order to preserve your own tradition! For Moses said: Honor your father and your mother, and, anyone who curses father or mother must be put to death. But

you say, "If a man says to his father or mother: Anything I have that I might have used to help you is Korban (that is, dedicated to God)," then he is forbidden from that moment to do anything for his father or mother. In this way you make God's word ineffective for the sake of your tradition which you have handed down. And you do many other things like this.'

## Reflection

The Gospel today speaks about the religious traditions of that time and of the Pharisees who taught this tradition to the people. For example, to eat without washing the hands, as they said, to eat with impure hands. Many of these traditions were separated from life and had lost their significance. But even if this was the state of things, these were traditions kept and taught, either because of fear or because of superstition. The Gospel presents some instructions of Jesus concerning these traditions.

- Mark 7: 1-2: Control of the Pharisees and liberty of the disciples. The Pharisees and some Scribes, who had come from Jerusalem, observed how the disciples of Jesus ate the bread with impure hands. Here there are three points which deserve to be made evident: a) The Scribes were from Jerusalem, from the capital city! This means that they had come to observe and to control what Jesus did. b) The disciples do not wash the hands before eating! This means that being with Jesus impels them to have the courage to transgress the norms which tradition imposed on the people, but that no longer had any sense, any meaning for life. c) The fact of washing the hands, which up until now continues to be an important norm of hygiene, had assumed for them a religious significance which served to control and discriminate persons.
- Mark 7: 3-4: The Tradition of the Ancients. "The Tradition of the Ancients" transmitted norms which had to be observed by the people in order to have the purity asked by the Law. The observance of the law was a very serious aspect for the people of that time. They thought that an impure person could not receive the blessings promised by God to Abraham. The norms on purity were taught in order to open the way to God, source of peace. In reality, instead of being a source of peace, the norms constituted a prison, slavery. For the poor, it was practically impossible to observe the hundreds of norms, of traditions and of laws. For this reason they were considered ignorant and damned persons who did not know the law (Jn 7: 49).
- Mark 7: 5: The Scribes and the Pharisees criticize the behavior of the disciples of Jesus. The Scribes and Pharisees ask Jesus: Why do your disciples not behave according to the tradition of the Ancients and eat the bread with impure hands? They think that they are interested in knowing the reason for the behavior of the disciples. In reality, they criticize Jesus because he allows the disciples to transgress the norms of purity. The Pharisees formed a type of confraternity, the principal concern of which was to observe all the laws of purity. The Scribes were responsible for the doctrine. They taught the laws relative to the observance of purity.
- Mark 7: 6-13 Jesus criticizes the incoherence of the Pharisees. Jesus answers quoting Isaiah: This people approach me only in words, honours me only with lip service, while their hearts are far from me (cf. Is 29: 13). Insisting on the norms of purity, the Pharisees emptied the content of the commandments of God's Law. Jesus quotes a concrete example. They said: the person, who offers his goods to the Temple, cannot use these goods to help those in greater need.

Thus, in the name of tradition they emptied the fourth commandment from its content, which commands to love father and mother. These persons seem to be very observant, but they are so only externally. In their heart, they remain far away from God; as the hymn says: "His name is Jesus Christ and is hungry, and lives out on the sidewalk. And people when they pass by, sometimes do not stop, because they are afraid to arrive late to church!" At the time of Jesus, people, in their wisdom, were not in agreement with everything they were taught. They were hoping that one day the Messiah would come to indicate another way to attain purity. In Jesus this hope becomes a reality.

## Personal Questions

- Do you know any religious tradition today which does not have too much sense, but which continues to be taught?
- The Pharisees were practicing Jews, but their faith was divided, separated from the life of the people. This is why Jesus criticizes them. And today, would Jesus criticize us? In what things?

## Concluding Prayer

Our Lord, how majestic is your name throughout the world! I look up at your heavens, shaped by your fingers, at the moon and the stars you set firm- what are human beings that you spare a thought for them, or the child of Adam that you care for him? (Ps 8: 1, 3-4)

## Wednesday, February 8, 2023

*Ordinary Time*

## Opening Prayer

Father,  
watch over Your family and keep us safe in Your care, for all our hope is in You.  
We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

## Gospel Reading - Mark 7: 14-23

Jesus summoned the crowd again and said to them, "Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile." When he got home away from the crowd his disciples questioned him about the parable. He said to them, "Are even you likewise without understanding? Do you not realize that everything that goes into a person from outside cannot defile, since it enters not the heart but the stomach and passes out into the latrine?" (Thus he declared all foods clean.) "But what comes out of the man, that is what defiles him. From within the man, from his heart, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile."

## Reflection

The Gospel today is the continuation of the themes on which we meditated yesterday. Jesus helps the people and the disciples to understand better the significance of purity before God. For centuries, the Jews, in order not to contract impurity, observed many norms and customs bound to food, to drink, to dress, to hygiene of the body, to contact with persons of other races and religions, etc. (Mk 7: 3-4). For them it was forbidden to have contact with gentiles and to eat with them. In the 70's, the time of Mark, some converted Jews said, "Now that we are Christians we have to abandon these ancient customs which separate us from converted gentiles!" But others thought that they had to continue with the observance of these laws of purity (cf. Col 2: 16, 20-22). The attitude of Jesus, described in today's Gospel, helps us to overcome this problem.

- Mark 7: 14-16: Jesus opens a new way to try to bring people closer to God. He says to the crowds, "Nothing that goes into someone from outside can make that person unclean; it is the things that come out of someone that make that person unclean (Mk 7: 15). Jesus overturns things: what is impure does not come from outside to the inside, as the Doctors of the Law taught, but what comes from inside to the outside. Thus, nobody ever needs to ask himself if this or that food is pure or impure. Jesus places what is pure and impure on another level, not on the level of ethical behavior. He opens a new way to reach God, and in this way realizes the most profound design of the people. .
- Mark 7: 17-23: In the house, the disciples asked for an explanation. The disciples did not understand what Jesus wanted to say with that affirmation. When they reached the house, they ask for an explanation. The disciples' question surprises Jesus. He thought that they had understood the parable. In His explanation to the disciples He goes to the very bottom of the question of impurity. He declares that all food is pure! In other words, no food which enters into the human being from outside can make him become impure, because it does not go to the heart, but to the stomach and ends in the septic tank, but what makes one become impure, according to Jesus, is what comes out from within the heart to poison human relationships. And then He enumerates some of them: prostitution, murder, adultery, ambition, theft, etc. Thus in many ways, by means of the word, of life together, of living close to one another, Jesus helps people to attain purity in another way. By means of the word He purified the lepers (Mk 1: 40-44), cast out unclean spirits (Mk 1: 26,39; 3: 15,22, etc.), and overcame death, which was the source of all impurity. Thanks to Jesus, who touches her, the woman who was excluded and considered impure is cured (Mk 5: 25-34). Without fear of being contaminated, Jesus eats together with people who were considered impure (Mk 2: 15-17).
- The laws of purity at the time of Jesus. The people of that time were concerned very much about purity. The laws and the norms of purity indicated the necessary conditions to be able to place oneself before God and to feel well in His presence. One could not approach God in just any way, because God is holy. The Law stated, "Be holy because I am holy!" (Lv 19: 2). One who was not pure could not get close to God to receive the blessings promised to Abraham. The laws of what was pure and impure (Lv 11 to 16) were written after the time of slavery in Babylon, around the year 800 after the Exodus, but had its origin in the ancient mentality and customs of the people of the Bible. A religious and mystical vision of the world led people to appreciate things, people and

animals, beginning from the category of purity (Gn 7: 2; Dt 14: 13-21; Nm 12: 10-15; Dt 24: 8-9).

In the context of the Persian domination, the fifth and fourth centuries before Christ, before the difficulties of reconstructing the Temple of Jerusalem and of the survival of the clergy, the priests who governed the people of the Bible increased the laws relative to poverty and obliged the people to offer sacrifices of purification for sin. Thus, after childbirth (Lv 12: 1-8), menstruation (Lv 15: 19-24) the cure of a hemorrhage (Lv 15: 25-30), women had to offer sacrifices to recover purity. Lepers (Lv 13) or people who had contact with impure things or animals (Lv 5:1-13) also had to offer sacrifices. Part of this offering remained for the priests (Lv 5: 13).

At the time of Jesus, to touch a leper, to eat with a tax collector or publican, to eat without washing your hands, and so many other activities rendered the person impure, and any contact with this person contaminated the others. For this reason, it was necessary to avoid an impure person. People lived with fear, always threatened by so many impure things which threatened life. They were obliged to live without trust, not trusting anything or anybody. Now, all of a sudden, everything changes! Through faith in Jesus, it was possible to have purity and to feel good before God without having to observe all those laws and those norms of the ancient tradition. It was liberation! The Good News announced by Jesus took away all fear from the people, and they no longer had to be in a defensive situation all the time, and He gives them back the desire to live, and the joy of being children of God, without fear of being happy!

## Personal Questions

- In your life, are there any traditions which you consider sacred and others which you do not? Which ones? Why?
- In the name of the tradition of the ancients, the Pharisees refused the Commandment of Jesus. Does this happen today? Where and when? Does it also happen in my life?

## Concluding Prayer

The upright have Yahweh for their Savior, their refuge in times of trouble; Yahweh helps them and rescues them, He will rescue them from the wicked, and save them because they take refuge in Him. (Ps 37: 39-40)

## Thursday, February 9, 2023

*Ordinary Time*

## Opening Prayer

Father,  
watch over Your family and keep us safe in Your care, for all our hope is in You.  
We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

## Gospel Reading - Mark 7: 24-30

Jesus went to the district of Tyre. He entered a house and wanted no one to know about it, but he could not escape notice. Soon a woman whose daughter had an unclean spirit heard about him. She came and fell at his feet. The woman was a Greek, a Syrophenician by birth, and she begged him to drive the demon out of her daughter. He said to her, "Let the children be fed first. For it is not right to take the food of the children and throw it to the dogs." She replied and said to him, "Lord, even the dogs under the table eat the children's scraps." Then he said to her, "For saying this, you may go. The demon has gone out of your daughter." When the woman went home, she found the child lying in bed and the demon gone.

## Reflection

In today's Gospel we see how Jesus is attentive to a foreign woman, belonging to another race and to another religion, even though this was forbidden by the religious law of that time. At the beginning Jesus did not want to help her, but the woman insists and obtains what she wants: the cure of her daughter.

Jesus is trying to broaden the mentality of the disciples and of the people beyond the traditional vision. In the multiplication of the loaves, He had insisted on sharing (Mk 6: 30-44). He had declared all food pure (Mk 7: 1-23). In this episode of the Canaanite woman, He exceeds, goes beyond the frontiers of the national territory and accepts a foreign woman who did not belong to the people and with whom it was forbidden to speak. These initiatives of Jesus, which come from His experience of God the Father, were foreign to the mentality of the people of that time; Jesus helps the people to get out of their way of experiencing God in life.

- Mark 7: 24: Jesus gets out of that territory. In the Gospel yesterday (Mk 7: 14-23) and of the day before (Mk 7: 1-13), Jesus had criticized the incoherence of the tradition of the ancients and had helped the people and the disciples to get out of the prison of the laws of purity. Here, in Mark 7: 24, He leaves Galilee. He seems to want to get out from the prison of territory and race. Finding Himself outside, He does not want to be recognized. But His fame had reached there before. People had recourse to Jesus.
- Mark 7: 25-26: The situation. A woman approaches Jesus and begins to ask for help for her daughter who is sick. Mark says explicitly that she belongs to another race and to another religion. That means that she was a gentile. She throws herself at the feet of Jesus and begins to plead for the cure of her daughter, who was possessed by an unclean spirit. For the gentiles it was not a problem to go to Jesus. But for the Jews to live with gentiles was a problem!
- Mark 7: 27: The response of Jesus. Faithful to the norms of His religion, Jesus says that it is not appropriate to take the bread of the children and give it to little dogs! This was a hard phrase. The comparison came from life in the family. Even now, children and dogs are numerous, especially in poor neighborhoods. Jesus affirms one thing: no mother takes away bread from the mouth of her children to give it to the dogs. In this case the children were the Hebrew people and the little dogs, the gentiles. At the time of the Old Testament, because of rivalry among the people, the people used to call other people dogs (1 Sam 17: 43). In the other Gospels, Jesus explains the reason for His refusal: "I have been sent only for the lost sheep of the house of Israel!" (Mt 15:24). In other words, the Father does not want Me to take care of this woman!

- Mark 7: 28: The reaction of the woman. She agrees with Jesus, but she extends the comparison and applies it to her case: Jesus, this is true, but the little dogs also eat the crumbs that fall from the table of the children! It is as if she said, "If I am a little dog, then I have the right of little dogs, that is, the crumbs that fall from the table belong to me!" She simply draws conclusions from the parable that Jesus told and shows that even in the house of Jesus, the little dogs eat the crumbs that fall from the table of the children. And in the house of Jesus, that is, in the Christian community, the multiplication of the bread for the children was so abundant that there were twelve baskets full left over (Mk 6: 42) for the little dogs, that is, for her, for the gentiles!
- Mark 7: 29-30: The reaction of Jesus: "Because of what you have said, go. The devil has gone out of your daughter!" In the other Gospels it is made more explicit: "Great is your faith! May it be done as you wish!" (Mt 15: 28). If Jesus accepts the woman's request, it is because He understands that now the Father wanted Him to accept her request. This episode helps us to understand something of the mystery which envelops the person of Jesus and His life with the Father. Observing the reactions and the attitudes of the people, Jesus discovers the will of the Father in the events of life. The attitude of the woman opens a new horizon in the life of Jesus. Thanks to her, He discovers better the project of the Father for all those who seek to liberate themselves from the chains which imprison their energy. Thus, throughout the pages of the Gospel of Mark, there is a growing opening toward the people. In this way, Mark leads the readers to open themselves before the reality of the world which surrounds them and to overcome the preconceptions which prevent a peaceful living together among the people. This opening toward gentiles appears very clearly in the final order given by Jesus to the disciples, after His Resurrection: "Go out to the whole world, proclaim the Gospel to all creation" (Mk 16: 15).

## Personal Questions

- Concretely, what do you do to live peacefully with people of other Christian Churches? In the neighborhood where you live, are there people of other religions? Which?
- Do you normally speak with people of other religions?
- What kind of broadening of mind does this text demand from us today, in the family and in the community?

## Concluding Prayer

Blessed are those who keep to what is just, whose conduct is always upright!  
Remember me, Yahweh, in Your love for Your people. Come near to me with Your saving power. (Ps 106: 3-4)

## Friday, February 10, 2023

### Opening Prayer

Father,  
watch over Your family and keep us safe in Your care, for all our hope is in You.



We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

## Gospel Reading - Mark 7: 31-37

Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis. And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!" (that is, "Be opened!") And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished and they said, "He has done all things well. He makes the deaf hear and the mute speak."

## Reflection

In today's Gospel, Jesus cures a deaf-mute. This episode is not known very much. In the episode of the Canaanite woman, Jesus goes beyond the frontiers of the national territory and accepts a foreign woman who does not belong to the people and with whom it was forbidden to speak. In today's Gospel we notice this same opening.

- Mark 7: 31. The region of the Decapolis. At that time, returning from the territory of Tyre, Jesus went to Sidon toward the Lake of Galilee, right through the Decapolis territory. Decapolis literally means "ten cities." This was a region of ten cities in the southeast part of Galilee, and its population was gentile.
- Mark 7: 31-35. To open the ears and to loosen the tongue. A deaf-mute man was brought before Jesus. People wanted Jesus to place His hands on him. But Jesus goes far beyond this request. He leads the man aside from the crowd, puts His finger into the man's ears and touches his tongue with spittle. Looking up to Heaven, He sighed deeply and said, "Ephphatha!" that is, "Be opened!" At that same moment, his ears were opened, and at once the impediment of his tongue was loosened and he spoke clearly. Jesus wants the people to open their ears and to loosen their tongues!
- Mark 7: 36-37: Jesus wants no publicity. And He ordered them not to tell anyone about it, but the more He insisted, the more widely they proclaimed it. Their admiration was unbounded and they said, "Everything He does is good; He makes the deaf hear and the dumb speak." He prohibits that the cure be proclaimed, but in fact that does not happen. Those who have experienced what Jesus has done go and tell others, whether Jesus wants it or not! The people who were present at the cure began to proclaim what they had seen and summarize the Good News as follows: Everything He does is good; He makes the deaf hear and the dumb speak! This affirmation of the people makes us remember creation, when it was said, "God saw that everything was good!" (Gen 1: 31). And this also recalls the prophecy of Isaiah, where he says that in the future the deaf will hear and the dumb will speak (Is 29: 28; 35: 5, cf. Mt 11: 5).
- The recommendation not to tell anybody. Sometimes, the attention which Mark's Gospel attributes to the prohibition of Jesus to proclaim the cure is exaggerated, as if Jesus had some secret that He wanted to keep. In the majority of cases in which Jesus works a miracle, He does not ask for silence. Rather, He once even asked for publicity (Mk 5: 19). Sometimes, He orders not to

announce the healing (Mk 1: 44; 5: 43; 7: 36; 8: 26), but obtains the opposite result. The more He prohibits it, the more the Good News is proclaimed (Mk 1: 28, 45; 3: 7-8; 7: 36-37). It is useless to prohibit! The interior force of the Good News is so great that it spreads by itself.

- Growing openness in the Gospel of Mark. Throughout the pages of Mark's Gospel, there is a growing openness toward the other populations. Thus Mark leads the readers to open themselves toward the reality of the world around and to overcome the preconceptions which prevent peaceful co-existence among the different populations. When He passed through the Decapolis, a gentile region, Jesus responded to the request of the people of the place and cured a deaf-mute man. He is not afraid to be contaminated with the impurity of a gentile, because in curing him, He touches his ears and his tongue. Two Jews and the disciples themselves have difficulty hearing and understanding that a gentile who was deaf and dumb can now hear and speak thanks to Jesus who touched him. It recalls the Song of the Servant, "The Lord God has opened the ears, and I listen to Him" (Is 50: 4-5). In driving the merchants out of the Temple, Jesus criticizes the unjust trade and affirms that the Temple should be a house of prayer for all peoples (Mk 11: 17). In the parable of the wicked tenants, Mark refers to the fact that the message will be taken away from the chosen people, the Jews, and will be given to others, the gentiles (Mk 12: 1-12). After the death of Jesus, Mark presents the profession of faith of a gentile at the foot of the Cross. In quoting the Roman centurion and how he recognizes the Son of God in Jesus, Mark is saying that the gentile is more faithful than the disciples and more faithful than the Jews (Mk 15: 39). The openness to the gentiles appears very clearly in the final order given by Jesus to the disciples, after His Resurrection: "Go out to the whole world and proclaim the Gospel to all creation" (Mk 16: 15).

## Personal Questions

Jesus shows a great openness toward people of another race, another religion and of other customs. We Christians, today, do we have the same openness? Do I have this openness?

Definition of the Good News: Everything Jesus does is good! Am I good News for others?

## Concluding Prayer

Sing a new song to Yahweh! Sing to Yahweh, all the earth!  
Sing to Yahweh, bless His name! (Ps 96: 1-2)

## Saturday, February 11, 2023

*Ordinary Time*

## Opening Prayer

Father,  
watch over Your family and keep us safe in Your care, for all our hope is in You.

We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

## Gospel Reading - Mark 8: 1-10

In those days when there again was a great crowd without anything to eat, Jesus summoned the disciples and said, "My heart is moved with pity for the crowd, because they have been with me now for three days and have nothing to eat. If I send them away hungry to their homes, they will collapse on the way, and some of them have come a great distance." His disciples answered him, "Where can anyone get enough bread to satisfy them here in this deserted place?" Still he asked them, "How many loaves do you have?" They replied, "Seven." He ordered the crowd to sit down on the ground. Then, taking the seven loaves he gave thanks, broke them, and gave them to his disciples to distribute, and they distributed them to the crowd. They also had a few fish. He said the blessing over them and ordered them distributed also. They ate and were satisfied. They picked up the fragments left over—seven baskets. There were about four thousand people. He dismissed the crowd and got into the boat with his disciples and came to the region of Dalmanutha.

## Reflection

The Gospel today speaks about the second multiplication of the loaves. The unitive thread of several episodes in this part of the Gospel of Mark is the food, the bread. After the banquet of death (Mk 6: 17-29), comes the banquet of life (Mk 6: 30-44). During the crossing of the Lake the disciples are afraid, because they have understood nothing of the bread multiplied in the desert (Mk 6: 51-52). Then Jesus declares that all food is pure (Mk 7: 1-23). In Jesus' conversation with the Canaanite woman, the gentiles ate the crumbs which fell from the table of the children (Mk 7: 24-30). And here, in today's Gospel, Mark speaks about the second multiplication of the loaves (Mk 8: 1-10).

- Mark 8: 1-3: The situation of the people and the reaction of Jesus. The crowds who gathered around Jesus in the desert had no food to eat. Jesus calls the disciples and presents the problem to them: I feel pity for this people, because for three days they have been following Me and have not eaten. If I send them away to their homes without eating, they will faint on the way; and some came from very far! In Jesus' concern there are two important things:
  - a) People forget home and food and follow Jesus to the desert! This is a sign that Jesus aroused great sympathy, up to the point that people followed Him into the desert and remained with Him three days!
  - b) Jesus does not ask them to solve the problem. He only expresses His concern to the disciples. It seems to be a problem without a solution.
- Mark 8: 4: The reaction of the disciples: the first misunderstanding. The disciples then think of a solution, according to which someone had to bring bread for the people. It does not even occur to them that the solution could come from the people themselves. They say: And how could we feed all these people in the desert? In other words, they think of a traditional solution. Someone has to find the money, buy bread and distribute it to the people. They themselves perceive that, in that desert, to buy bread, this solution is not possible, but they see no other possibility to solve the problem. That is, if Jesus insists in not sending the people back to their homes, there will be no way to feed them! Mark 8:5-7: The solution found by Jesus. First of all, He asks how much bread they have: seven loaves! Then He orders the people to sit down. Then, He takes those seven

loaves of bread, gives thanks, breaks them and gives them to the disciples to distribute; and they distribute them to the crowds. And He does the same thing with the fish. As in the first multiplication (Mk 6: 41), the way in which Mark describes Jesus' attitude, recalls the Eucharist. The message is this: participation in the Eucharist should lead to the gift and to the sharing of bread with those who have no bread.

- Mark 8: 8-10: The result: Everyone ate, they were satisfied and bread was left over! This was an unexpected solution, which began within the people, with the few loaves of bread that they had brought! In the first multiplication, twelve baskets of bread were left over; here, seven. In the first one, they served five thousand people. Here four thousand. In the first one there were five loaves of bread and two fish. Here, seven loaves of bread and a few fish.

The time of the dominant ideology. The disciples thought one way, Jesus thinks in another way. In the way of thinking of the disciples there is the dominant ideology, the common way of thinking of people. Jesus thinks in a different way. It is not by going with Jesus and living in a community that a person is already a saint and renewed. Among the disciples, the old mentality always emerges again, because the leaven of Herod and of the Pharisees (Mk 8:15), that is, the dominant ideology, had profound roots in the life of those people. The conversion requested by Jesus is a deep conversion. He wants to uproot the various types of leaven.

- The leaven of the community closed up in itself, without any openness. Jesus responds: The one who is not against is in favor! (Mk 9:39-40). For Jesus, what is important is not if the person forms part of the community or not, but if he/she is generous, available or not to do the good which the community has to do.
- The leaven of the group which considers itself superior to others. Jesus responds: You do not know what spirit animates you (Lk 9: 55).
- The leaven of the mentality of class and of competition, which characterized the society of the Roman Empire and which permeated the small community which was just beginning. Jesus responds: Let the first one be the last one (Mk 9: 35). This is the point on which He insists the most; it is the strongest point of His witness: "I have not come to be served, but to serve" (Mk 10: 45; Mt 20: 28; Jn 13: 1-16).
- The leaven of the mentality of the culture of the time. Jesus responds: Allow the little ones to come to me! Jesus indicates that the little ones are the models of discipleship for adults: anyone who does not accept the kingdom of God as a child will not enter it (Lk 18: 17).

The reading of the Gospel, done in community, can help us to change life and the vision and can help us to continue to convert ourselves and to be faithful to the words of Jesus.

## Personal Questions

- We can always encounter misunderstandings with friends and enemies. What is the misunderstanding between Jesus and the disciples on the occasion of the multiplication of the loaves? How does Jesus face this misunderstanding?
- In your house, with your neighbors or in the community, have there been misunderstandings? How have you reacted?

- Has your community had misunderstandings or conflicts with the civil or ecclesiastical authority? How did this happen?
- What is the leaven which today prevents the realization of the Gospel and should be eliminated?

## Concluding Prayer

Lord, You have been our refuge from age to age. Before the mountains were born, before the earth and the world came to birth, from eternity to eternity You are God. (Ps 90: 1-2)

# Sunday, February 12, 2023

*Sixth Sunday in Ordinary Time*

## LECTIO

### a) Opening prayer

"Speak, Lord, that your servant is listening. " Speak to us now, Lord! We want to make room for your Word, to allow the words of the Gospel permeate our lives so that you become the light the strength of our way, vivify and transform our attitudes. We all want to mature in the way of listening to your words so that our hearts are transformed.

In us, there is a desire reading and understand why we are expecting for your bounty and generosity to be guided in comprehending of your Word.

Let your word to our hearts cannot find any obstacles or resistance. That your word of life does not flow in vain or in the dried desert of our lives. Enter in our empty hearts with the power of your Word, come to take the place among our thoughts and feelings, come to live with us in the light of your truth.

### b) Gospel according to Matthew ( Mt 5:17-37)

Jesus said to his disciples:

"Do not think that I have come to abolish the law or the prophets. I have come not to abolish but to fulfill.

Amen, I say to you, until heaven and earth pass away, not the smallest letter or the smallest part of a letter will pass from the law, until all things have taken place.

Therefore, whoever breaks one of the least of these commandments and teaches others to do so will be called least in the kingdom of heaven.

But whoever obeys and teaches these commandments will be called greatest in the kingdom of heaven.

I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven.

"You have heard that it was said to your ancestors, You shall not kill; and whoever kills will be liable to judgment.

But I say to you, whoever is angry with brother will be liable to judgment; and whoever says to brother, „Raqa,“ will be answerable to the Sanhedrin; and whoever says, „You fool, “will be liable to fiery Gehenna. Therefore, if you bring your gift to the altar, and

there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift. Settle with your opponent quickly while on the way to court. Otherwise, your opponent will hand you over to the judge, and the judge will hand you over to the guard, and you will be thrown into prison. Amen, I say to you, you will not be released until you have paid the last penny. "You have heard that it was said, You shall not commit adultery. But I say to you, everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away.

It is better for you to lose one of your members than to have your whole body thrown into Gehenna. And if your right hand causes you to sin, cut it off and throw it away.

It is better for you to lose one of your members than to have your whole body go into Gehenna. "It was also said, Whoever divorces his wife must give her a bill of divorce. But I say to you, whoever divorces his wife -- unless the marriage is unlawful -- causes her to commit adultery, and whoever marries a divorced woman commits adultery. "Again, you have heard that it was said to your ancestors, Do not take a false oath, but make good to the Lord all that you vow. But I say to you, do not swear at all; not by heaven, for it is God's throne; nor by the earth, for it is his footstool; nor by Jerusalem, for it is the city of the great King. Do not swear by your head, for you cannot make a single hair white or black.

Let your „Yes“ mean „Yes,‘ and your „No“ mean „No.“ Anything more is from the evil one.”

## Moment of silence

The silence creates an internal atmosphere of intimacy and at the same time increase the spiritual taste of your Word.

## MEDITATIO

### Key to the reading

- Mt 5-7: The context in the "Sermon on the Mount"
- Jesus addressed to the crowds who are in hurry to listen to his teaching. They are amazed with his authority. He speaks to them with strong demand and points out that we are children of God and brothers and sister to each others. In the attempt to give the full meaning of the precept of the Jewish law.
- The evangelist, in locating the first discourse of Jesus on the mountain, wished to draw the attention to the readers the image of Moses giving the Law on Mount Sinai (Exodus 24: 9). This teaching takes place as Jesus is seated, a position that recalls the attitude of the Jewish rabbi who interprets Scripture to his disciples. It is difficult to capture the richness of the themes that run through long speech, as some scholars prefer to call it "the evangelical words of Jesus"(cf. 7: 28).
- Our liturgical text is preceded by a prologue in which the Beatitudes are presented as the fulfillment of the Law (Mt 5: 3 to 16). The message of Jesus in this teaching focuses on happiness in the biblical sense, which places man in right relationship with God and, therefore, with total life: happiness tied to the reality of the kingdom of heaven. In a second part Jesus develops the theme of "justice" of the kingdom of heaven (5: 17 to 7: 12).

- Mt 5: 17 - Jesus fulfilled the Law and the Prophets.
- In these first statements Jesus presents himself as the one who come to "fulfills the law": "Do not think I have come to abolish the Law or the Prophets; I came not to abolish but to fully fulfill them " (v.17). Jesus declares that he is the fulfillment of the law.
- The consequences of such words are thus understood by the reader: only through him what we can enter the kingdom of heaven, even the smallest of the commandments makes sense through Him. It's like saying that Jesus is the measure to enter the kingdom of heaven: in Him, anyone, great or small, depends on the choice of letting ourselves be led by one who fulfills the Law and the Prophets. Henceforth the law, the teaching of the prophets, the justice the salvation must bond with Him.
- The reader knows that in the Old Testament these truths were seen like separate and distinguished among them: the Law contained the will of God; justice expressed the human engagement in order to observe the contents of God's will in the Law; the Prophets, exegetes of the Law, were the witnesses of the implementation of the fidelity of God in the history. In the person of Jesus these three truths are unified: they find their meaning and value. Jesus declares openly that he has come to fulfill the Law and the Prophets. What do these affirmations of Jesus mean? What is the meaning of "the Law and the Prophets"? We cannot be thinking of Jesus carrying out prophecies (from a point of view of the content, or in the literal sense) of the Law and the Prophets, but rather the instructions of the Law and the Prophets. But in particular way what means "to abolish," "to fulfill" the instructions of the Law and the Prophets? The answer is placed at two levels.
- The first one regards the instruction of Jesus, than it does not change the contents of the Law and the Prophets and whose function was didactic-instructive; indeed, Mathew considers the Prophets like the witnesses of the commandment of love (Os 6: 6 // Mt 9: 13; 12: 7). That Jesus accomplishes the instructions of the Law and the Prophets can mean that "manifest them in their meaning," "brings to complete expression" (U. Luz); it is from excluding the meaning of "to invalidate," "to abolish," "not to observe," "to break ( to smash).
- The second level is referred to the involved acting of Jesus: does the law itself changes or not? In this case to fulfill the Law could mean that Jesus, with its behavior, adds something that lacks or brings to fulfillment, it perfects the instructions of the Law. In more concrete terms: Jesus in His life, with its obedience to the Father, "accomplished" the requirements demanded from the Law and the Prophets; after all, He observes the Law completely. More meaningfully: through His dead and resurrection Jesus has fulfilled the Law. To us it seems that the emphasis is placed on the behavior of Jesus: with obedience and practice He has fulfilled the Law and the Prophets.
- Mt 5: 19: Jesus who teaches the will of the Father and the fulfillment of the Law.
- To the reader the use of the verbs "to act and to teach" does not escape: the precepts of the Law for "who will observe them and will teach them." Such aspects pick in full load the total image of Jesus in the thought of Mathew: Jesus who teaches the will of God and the achievement of the Law is the obedience son of the Father(3: 13-4: 11). Here the behavior model that appears to us from this Gospel page. Sure, the emphasis is on the implementation of the Law through obedience, but that does not exclude a fulfillment by means of His instruction. We do not forget that to Mathew it is important the conformity of the practice

with the instruction of Jesus: he is master in obedience and the practice. However, the praxis as it infers from the warning to watch itself from the pseudo prophets in 7: 20 is priority: "From their fruits you will recognize them." It is interesting to notice that Mathew uses this verb to complete, to fulfill, only for Jesus: only him completes the Law, only His person introduces the characteristics of the fullness. Here roots its authoritative invitation, that becomes a "shipment," a task to complete the Law in fullness: "I say to you..." (vv. 18: 20).

- Mt 5: 20 Jesus fulfills justice.
- Such implementation is distinguished from the ways to comprise it and to live it in the Judaism; in Jesus a new specificity of the justice is introduced: "I say to you in fact: if your justice will not exceed that one of the scribes and the Pharisees, you will not enter in the kingdom of heaven" (v. 20). The scribes are the theologians and the official interpreters of Writing (5: 21-48), the Pharisees, instead, are the actively engaged lays of that time, excessively taken from the practice of mercy (6: 1-18). Justice practiced from these two groups is not sufficient, cannot serve from model: it prevents to enter in the kingdom of heaven. The addressees of this warning, in the end, are the disciples; it is addressed to us. Sure the will of God it is drowned to the Law, but he is Jesus who incarnates a new way to put the justice in practice. Jesus asks one "greater justice," than, what does it refers to? That one of the Scribes and the Pharisees has been aligned to the justice of the men, that one preached from Jesus, instead, demands one justice more substantial, significantly greater to that one practiced from the Judaism. In what consists this "more" our text does not precise immediately, it is necessary to read the continuation of the instruction of Jesus.
- Mt 5: 20 The radicalism of the justice preached from Jesus.
- It is not about to stand out in radical way some commandments of the Law; it is rather primary that the commandment of the love is to the center of these single commandments. The "most quantitative one" guides to strengthen the qualitative aspect in front of God: the commandment of love. The believing community is called to subordinate to the commandment of love, seen as central, the various commandments of Law. There is no tension between the single garnishments and the commandment of love. The instructions of Jesus become binding, online with the instructions from the Old Testament. For Jesus there is no opposition between the single prescription of the Law and the commandment of love: they are to be considered in a harmonious relationship because in their entirety it is offered the will of God to us (U. Luz).
- Mt 5: 23-25: How to relate between siblings?
- Between the radical requirements inborn in inviting to follow him, Jesus faces the argument of the relations fraternity. It is not enough to define all the engagement to the external action of not to kill: "You have heard that it was said from the old ones: You will not kill..." (v. 21); it is essential to break off such narrow norm therefore, but also radical: not to kill! The fifth commandment recommended the respect of life (Es 20: 13; Dt 5: 17). A deepening or a completely new horizon in the spirit of the Decalogue comes forward now. If it is not concurred to kill a person physically it wants to say that it is allowed to make it in other ways: hatred, the offense, the gossip, the depreciation, the anger, the insult. In the completely new perspective of the Speech of the Mountain, every lack of love towards the next one involves the same guiltiness of the homicide. In fact, the temper, the anger, the depreciation are rooted in an undivided heart of love.



For Jesus' it does not break the single Law just by killing, but also with all those actions that they try to destroy or "to make useless" the other.

- Jesus doesn't deal the issue of who is right or who is wrong but who "offends the brother or slanders him in public does not have more space in front of God, because homicide" (Bonhoeffer, Sequela 120). From here the severity that denies value to the offer, the cult, the prayer and the Eucharistic celebration. Who has separated himself from the brother also has separated himself from the relation with God. It needs, then, of a previous reconciliation with the brother that has something against him: Against you, not you against him. Innovation in this word, even if not easy is one to share. To my brother that has "something against me" I answer coming upon him: "first, go to reconcile yourself," without increasing the distance. It is not alone a question of asking forgiveness: it is urgent to reconstruct the fraternal relations because the good of the brother is my good. Jesus says: "Go before"... In the first place, before praying, before donating, before that the other makes the first step, is the movement of my heart, of my body towards the other. Such going towards the other it has the purpose of the resetting of the laceration; a movement that stretches to the reconciliation.

## Some Questions

*To put the meditation and practice.*

- In your life, do you always open to Jesus' request for a greater justice? Are you aware that they are not yet in full justice?
- In the practice of justice, do you match it with the act of God? Do not you know that justice live in the human relations has been given to us? A confirmation you may find it the word of the Apostle Paul: "My righteousness is not having as one arising from the law, but that which comes from faith in Christ, the righteousness which comes from God based on faith"(Phil 3: 9).
- The expression of Jesus "but I say to you" it is for us an imperative or a theoretical commandment? Are we aware that the more and more great justice is nothing else that the continuous availability to be confronted with the existence of Christ, the only one just (fair)?
- Our justice is engaged to imitate something of the justice of God, of his gratuity, his creativity? God renders us just, free us from the paralysis of the sin; once rendered free, we mutually transmit this liberation, practicing a justice that it does not judge, but always leaves opened, indeed it creates for the other spaces of a possible return to one authentic life

## Orario

### Psalm 119 (1-5, 17-18, 33-34)

The Psalm invites to us to obey to the law of God with all the personal effort. Such possibility is not only an external obligation but a gift granted to the man that put its confidence in God. The practical of the new justice in order to enter in the Kingdom of heaven cannot only come from an individualistic commitment, but from a familiar and constant dialogue with the Word of God.

Happy those whose way is blameless, who walk by the teaching of the LORD. Happy those who observe God's decrees, who seek the LORD with all their heart. They do no wrong; they walk in God's ways.

You have given them the command to keep your precepts with care. May my ways be firm in the observance of your laws!

Be kind to your servant that I may live, that I may keep your word. Open my eyes to see clearly the wonders of your teachings.

LORD, teach me the way of your laws; I shall observe them with care. Give me insight to observe your teaching, to keep it with all my heart.

## Final Prayer

The Word that we have listened and meditated on has appeared to us quite strong, oh my Lord, and has put in crisis our attitude: "Go to reconcile yourself!" In the first place, before being in front of the altar, before introducing our things and donate them to you with love, before that it is the brother to take the initiative, help our heart to complete that movement that recomposes the conflict, the laceration, therefore to recompose the lost harmony.

## Contemplatio

Saint John Chrysostom invites us with force and firmness: "When you refuse to pardon your enemy you, damage yourself, not him. What you are preparing is a punishment for you in the day of the judgment" (Speeches 2,6). Let yourself be transformed by God's love of, in order to change your life, to convert yourself, to find again the way of life.

# Monday, February 13, 2023

## Opening Prayer

Lord God,  
forgive us that in our weak faith  
we ask sometimes for signs and wonders. We know that You are our Father,  
but it is not always easy for us  
to recognize Your loving presence.  
Give us eyes of faith to see the sign  
that You are with us in Jesus and His message. We say so reluctantly, for it is painful.  
Purify our trust in You and in Jesus  
that we may become more mature Christians,  
who love You through Jesus Christ our Lord. Amen.

## Gospel Reading - Mark 8: 11-13

The Pharisees came forward and began to argue with Jesus, seeking from him a sign from heaven to test him. He sighed from the depth of his spirit and said, "Why does this generation seek a sign? Amen, I say to you, no sign will be given to this generation." Then he left them, got into the boat again, and went off to the other shore.

## Reflection

- Mark 8: 11-13: The Pharisees ask for a sign from Heaven. Today's Gospel narrates a discussion of the Pharisees with Jesus. Jesus also, as it happened with Moses in the Old Testament, had fed hungry people in the desert, by multiplying the bread (Mk 8: 1-10). This is a sign that He presented himself before the people as a new Moses. But the Pharisees were not capable of perceiving the meaning of the multiplication of the loaves. They continued to discuss with Jesus and ask for a sign from Heaven. They had understood nothing of all that Jesus had done. Jesus sighed profoundly, probably feeling disgust and sadness before so much blindness. He concludes by saying, "No sign will be given to this generation." He left them and went toward the other side of the lake. It is useless to show a beautiful picture to one who does not want to open his eyes. People who close their eyes cannot see!
- The danger of dominating ideology. Here we can clearly perceive how the yeast of Herod and the Pharisees (Mk 8: 15), the dominating ideology of the time, made people lose their capacity to analyze events objectively. This yeast came from afar and had sunk profound roots in the life of the people. It went so far as to contaminate the disciples' mentality and manifested itself in many ways. With the formation which Jesus gave them, He tried to uproot this yeast.
- The following are some examples of this fraternal help which Jesus gave to His disciples:
  - The mentality of a closed group. On a certain day a person not belonging to the community used the name of Jesus to drive out devils. John saw this and forbade it: "We tried to stop him because he was not one of ours" (Mk 9: 38). John thought he had the monopoly on Jesus and wanted to prevent others from using the name of Jesus to do good. John wanted a community closed in upon itself. It was the yeast of the Elected People, the separated People! Jesus responds, "Do not stop him! Anyone who is not against us is for us!" (Mk 9: 39-40).
  - The mentality of a group which considers itself superior to others. At times, the Samaritans did not want to offer hospitality to Jesus. The reaction of some of the disciples was immediate: "May fire descend from heaven and burn them up!" (Lk 9:54). They thought that because they were with Jesus, everyone had to welcome Him, to accept Him. They thought they had God on their side to defend Him. It was the yeast of the Chosen People, the Privileged People! Jesus reproaches them: "Jesus turned and rebuked them" (Lk 9: 55).
  - The mentality of competition and prestige. The disciples discussed among themselves about the first place (Mk 9: 33-34). It was the yeast of class and of competitiveness, which characterized the official religion and the society of the Roman Empire. It was already getting into the small community around Jesus. Jesus reacts and orders them to have a contrary mentality: "If anyone wants to be first, he must make himself last" (Mk 9: 35).
  - The mentality of those who marginalize the little ones. The disciples scolded little children. It was the yeast of the mentality of that time, according to which children did not count and should be disciplined by adults. Jesus rebukes the disciples: "Let the little children come to me!" (Mk 10: 14). The children become the teachers of the adults: Anyone who does

not welcome the kingdom of God like a little child will never enter it. (Lk 18: 17)

As it happened in the time of Jesus, today also the dominating ideology arises once again and appears even in the life of the community and of the family. The prayerful reading of the Gospel, done in community, can help to change our view of things and to deepen in us conversion and the fidelity which Jesus asks from us.

## For Personal Confrontation

Faced with the alternative either to have faith in Jesus or to ask for a sign from heaven, the Pharisees want a sign from heaven. They were not able to believe in Jesus. The same thing happens to me. What have I chosen?

The yeast of the Pharisees prevented the disciples from perceiving the presence of the Kingdom in Jesus. Has some residue of this yeast of the Pharisees remained in me?

## Concluding Prayer

Lord, You are generous and act generously; teach me Your will. (Ps 119: 68)

# Tuesday, February 14, 2023

*Ordinary Time*

## Opening Prayer

Lord our God,  
when we do not see clearly in life, when suffering comes our way, we tend to blame You or people.

Help us to realize clearly

how much of the evil around us comes from within ourselves:

from our greed for riches and power,

from our self-complacency and selfishness.

Speak to us Your word of forgiveness

and change us from a silent majority of evil into solidarity of love,

by the grace of Jesus Christ our Lord.

## Gospel Reading - Mark 8: 14-21

The disciples had forgotten to bring bread, and they had only one loaf with them in the boat. Jesus enjoined them, "Watch out, guard against the leaven of the Pharisees and the leaven of Herod." They concluded among themselves that it was because they had no bread. When he became aware of this he said to them, "Why do you conclude that it is because you have no bread? Do you not yet understand or comprehend? Are your hearts hardened? Do you have eyes and not see, ears and not hear? And do you not remember, when I broke the five loaves for the five thousand, how many wicker baskets full of fragments you picked up?" They answered Him, "Twelve." "When I broke the seven loaves for the four thousand, how many full baskets of fragments did you pick up?" They answered Him, "Seven." He said to them, "Do you still not understand?"

## Reflection

Yesterday's Gospel spoke of the misunderstanding between Jesus and the Pharisees. Today's Gospel speaks of the misunderstanding between Jesus and the disciples and shows that the yeast of the Pharisees and of Herod (religion and government), had taken possession of the mentality of the disciples to the point of hindering them from listening to the Good News.

- Mark 8: 14-16: Attention to the yeast of the Pharisees and of Herod. Jesus warns the disciples to look out for the yeast of the Pharisees and the yeast of Herod. But they do not understand the words of Jesus. They think that He is speaking like that because they forgot to buy bread. Jesus says one thing and they understood another. This clash was the result of the insidious influence of the yeast of the Pharisees on the mentality and on the life of the disciples.
- Mark 8: 17-18a: Jesus' question. In the face of this almost total lack of perception in the disciples, Jesus rapidly asks them a series of questions, without waiting for an answer. They are hard questions which express very serious things and reveal the total lack of understanding on the part of the disciples. Even if it seems unbelievable, the disciples reach the point in which there is no difference between them and the enemies of Jesus. First, Jesus had become sad seeing the hardness of heart of the Pharisees and of the Herodians (Mk 3: 5). Now, the disciples themselves have hardened their hearts (Mk 8: 17). First, those outside (Mk 4:11) do not understand the parables because they have eyes and do not see, listen but do not understand (Mk 4: 12). Now, the disciples themselves understand nothing, because they have eyes and do not see, listen, but do not understand (Mk 8:18). Besides, the image of the hardened heart evoked the hardness of heart of the people of the Old Testament who always drifted away from the path. It also evoked the hardened heart of Pharaoh who oppressed and persecuted the people (Ex 4: 21; 7: 13; 8: 11, 15, 28; 9: 7). The expression "they have eyes and do not see, listen but do not understand" evoked not only the people without faith criticized by Isaiah (Is 6: 9-10), but also the adorers of false gods, of whom the psalm says, "They have eyes and see nothing, have ears and hear nothing" (Ps 115: 5-6).
- Mark 8: 18b-21: The two questions regarding the bread. The two final questions refer to the multiplication of the loaves: How many baskets did they gather the first time? Twelve! And the second time? Seven! Like the Pharisees, the disciples also, though they had collaborated actively in the multiplication of the loaves, did not succeed in understanding the meaning. Jesus ends by saying, "Do you still not understand?" The way in which Jesus asks these questions, one after the other, almost without waiting for an answer, seems to cut the conversation. It reveals a very big clash. What is the cause of this clash?
- The cause of the clash between Jesus and the disciples. The cause of the clash between Jesus and the disciples was not due to ill will on their part. The disciples were not like the Pharisees. The Pharisees did not understand, but in them there was malice. They used religion to criticize and to condemn Jesus (Mk 2: 7,16,18,24; 3: 5, 22-30). The disciples were good people. Theirs was not ill will, because even if they were victims of the yeast of the Pharisees and of the Herodians, they were not interested in defending the system of the Pharisees and the Herodians against Jesus. Then, what was the cause? The cause of the clash between Jesus and the disciples had something to do with the Messianic hope. Firstly, among the Jews there was an enormous variety of Messianic expectations. Second, the diverse interpretations of the prophecies: there were

people who expected a Messiah King (cf. Mk 15: 9, 32); others, a Messiah Saint or Priest (cf. Mk 1: 24); others, a Messiah subversive Warrior (cf. Lk 23: 5; Mk 15: 6; 13: 6-8); others, a Messiah Doctor (cf. Jn 4: 25; Mk 1: 22-27); still others, a Messiah Judge (cf. Lk 3: 5-9; Mk 1: 8); others, a Messiah Prophet (6: 4, 14, 65). It seems that nobody expected a Messiah Servant, announced by the Prophet Isaiah (Is 42: 1; 49: 3; 52: 13). They did not consider the messianic hope as a service of the people of God to humanity. Each group, according to their own interests and according to their social class, awaited the Messiah, but wanted to reduce Him to their own hope. This is why the title Messiah, according to the person or social position, could mean very different things. There was a great confusion of ideas! And precisely in this attitude of Servant is found the key which turns on a light in the disciples' darkness and helps them toward conversion. It is only in accepting the Messiah as the Suffering Servant in Isaiah, that they will be capable of opening their eyes and understanding the Mystery of God in Jesus.

## For Personal Confrontation

- What is for us today the yeast of the Pharisees and of Herod? What does it mean today for me to have a hardened heart?
- The yeast of Herod and the Pharisees prevents the disciples from understanding the Good News. Perhaps, today the propaganda of television prevents us from understanding the Good News of Jesus?

## Concluding Prayer

I need only say, "I am slipping,"  
for Your faithful love, Yahweh, to support me; however great the anxiety of my heart,  
Your consolations soothe me. (Ps 94: 18-19)

# Wednesday, February 15, 2023

## Opening Prayer

God our Father,  
You have promised to remain for ever with those who do what is just and right. Help us to live in Your presence.  
We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 8: 22-26

When Jesus and his disciples arrived at Bethsaida, people brought to him a blind man and begged Jesus to touch him. He took the blind man by the hand and led him outside the village. Putting spittle on his eyes he laid his hands on the man and asked, "Do you see anything?" Looking up the man replied, "I see people looking like trees and walking." Then he laid hands on the man's eyes a second time and he saw clearly; his sight was restored and he could see everything distinctly. Then he sent him home and said, "Do not even go into the village."

## Reflection

- The Gospel today gives an account of the cure of a blind man. This episode of a cure constitutes the beginning of a long instruction from Jesus to the disciples (Mk 8: 27 to 10: 45) and then ends with the cure of another blind man (Mk 10: 46-52). In this broader context, Mark suggests to the readers that those who are truly blind are Peter and the other disciples. All of us are blind! They do not understand the proposal of Jesus when He spoke about the suffering and the cross. Peter accepted Jesus as the Messiah, but not as a suffering Messiah (Mk 8: 27-33). He was also affected by the belief of the time which only spoke of a messiah as a glorious king. Peter seemed to be blind. He understood nothing but wanted Jesus to be as he imagined.
- The Gospel today indicates how difficult it was to cure the first blind man. Jesus had to cure this man in two different stages. The cure of the disciples was also difficult. Jesus had to give a long explanation concerning the significance of the cross to help them understand, because what really produced blindness in them was the cross.
- In the year 70, when Mark was writing, the situation of the communities was not easy. There was much suffering, many crosses. Six years before, in 64, the Emperor Nero had decreed the first great persecution, and many Christians were killed. In the year 70, in Palestine, the Romans were destroying Jerusalem. In the other countries, a great tension between the converted Jews and the non-converted Jews was beginning. The greatest difficulty was the cross of Jesus. The Jews thought that a crucified person could not be the Messiah who was so awaited by the people, because the law affirmed that all those crucified should be considered persons condemned by God (Deut 21: 22-23).
- Mark 8: 22-26: The cure of a blind man. They brought a blind man, asking Jesus to cure him. Jesus cured him, but in a different way. First of all, He took him outside the village. Then He put some spittle on the eyes, He placed His hands on him and asked, "Do you see something?" The man answered, "I see men; in fact, they seem like trees that walk!" He could see only in part. He exchanged trees for people, or people for trees! Only in a second moment does Jesus cure the blind man and forbids him to enter the village. Jesus did not want any easy advertising!
- As it has been said, this description of the cure of the blind man acts as an introduction to the long instruction from Jesus to cure the blindness of the disciples, and at the end He finishes with the cure of another blind man, Bartimaeus. In reality the blind man was Peter. We are all blind. Peter did not want the commitment of the Cross! Do we understand the significance of suffering in life?
- Between the two cures of the blind men (Mk 8: 22-26 and Mk 10: 46-52), is found a long instruction on the Cross (Mk 8: 27 to 10: 45). It seems a catechism, made of sayings from Jesus Himself. He speaks about the Cross in the life of the disciple. The long instruction consists of three announcements regarding the Passion. The first one is Mark 8: 27-38. The second is Mark 9: 30-37. The third one is in Mark 10: 32-45. Between the first one and the second, there is a series of instructions which indicate the type of conversion that should take place in the life of those who accept Jesus, Messiah Servant (Mk 9: 38 to 10: 31):
  - Mk 8: 22-26: the cure of a blind man.

- Mk 8: 27-38: first announcement of the cross.
- Mk 9: 1-29: instructions to the disciples on the Messiah Servant.
- Mk 9: 30-37: second announcement of the cross.
- Mk 9: 38 to 10: 31: instructions to the disciples on conversion.
- Mk 10: 32-45: third announcement of the cross.
- Mk 10: 46-52: the cure of the blind man Bartimaeus.

The whole of this instruction has as a background the journey from Galilee to Jerusalem. From the beginning to the end of this long instruction, Mark tells us that Jesus is on the way to Jerusalem where He is going to suffer His death (Mk 8: 27; 9: 30, 33; 10: 1, 17, 32). The full understanding of following Jesus is not achieved by theoretical ideas, but by practical commitment, walking like Him along the way of service, from Galilee up to Jerusalem. Anyone who insists on keeping the idea of Peter, that is, of a glorious Messiah without the cross, will understand nothing and will never be able to have the attitude of a true disciple. He will continue to be blind, exchanging people for trees (Mk 8: 24), because without the cross it is impossible to understand who Jesus is and what it means to follow Jesus.

The journey of following is a road of the gift of self, of abandonment, of service, of availability, of acceptance of conflict, knowing that there will be resurrection. The cross is not an accident on the way, but forms part of this road. Because in a world organized around egoism, love and service can exist only crucified! Anyone who makes his life a service to others, disturbs and bothers those who live attached to privileges, and therefore suffers.

## Personal Questions

- All believe in Jesus. But some understand Him in one way and others in another. Today, which is the most common Jesus according to the way people think? How does popular belief interfere in the way of seeing Jesus? What do I do so as not to be drawn by the deceit of these popular ideas?
- What does Jesus ask of people who want to follow Him? Today, what prevents you from recognizing and assuming the plans of Jesus?

## Concluding Prayer

Lord, who can find a home in Your tent, who can dwell on Your holy mountain?  
Whoever lives blamelessly, who acts uprightly, who speaks the truth from the heart.  
(Ps 15: 1-2)

# Thursday, February 16, 2023

*Ordinary Time*

## Opening Prayer

Lord God, merciful Father, your Son came to set all people free, to make the poor rich in faith and hope, to make the rich aware of their poverty.



Unite us all in one trust in you and in one common concern for one another; give us all your attitude and that of Jesus, of not distinguishing between ranks and classes and sexes but of seeking together the freedom brought us by Jesus Christ our Lord.

## Gospel Reading - Mark 8: 27-33

Jesus and his disciples left for the villages round Caesarea Philippi. On the way he put this question to his disciples, 'Who do people say I am?' And they told him, 'John the Baptist, others Elijah, others again, one of the prophets.' 'But you,' he asked them, 'who do you say I am?' Peter spoke up and said to him, 'You are the Christ.' And he gave them strict orders not to tell anyone about him.

Then he began to teach them that the Son of man was destined to suffer grievously, and to be rejected by the elders and the chief priests and the scribes, and to be put to death, and after three days to rise again; and he said all this quite openly. Then, taking him aside, Peter tried to rebuke him.

But, turning and seeing his disciples, he rebuked Peter and said to him, 'Get behind me, Satan! You are thinking not as God thinks, but as human beings do.'

## Reflection

Today's Gospel speaks about Peter's blindness who does not understand the proposal of Jesus when he speaks about suffering and of the Cross. Peter accepts Jesus as Messiah, but not a suffering Messiah. He is influenced by the "yeast of Herod and the Pharisees," that is, by the propaganda of the government of that time in which the Messiah was a glorious Messiah. Peter seemed to be blind. He was not aware of anything but wanted Jesus to be as he wished. To understand well the importance and weight of this blindness of Peter it is well to consider it in its literary context.

- Literary context: The Gospel of Mark transmits to us three announcements of the Passion and death of Jesus: the first one in Mark 8: 27-38; the second one in Mark 9: 30-37 and the third one in Mark 10: 32-45. This whole which goes up to Mark 10: 45, is a long instruction of Jesus to the disciples to help them to overcome the crisis produced by the Cross. The instruction is introduced by the healing of a blind man (Mk 8: 22-26) and at the end it is concluded with the healing of another blind man (Mk 10: 46-52). The two blind persons represent the blindness of the disciples. The healing of the first blind man was difficult. Jesus had to do it in two stages. The blindness of the disciples was also difficult. Jesus had to give a long explanation concerning the meaning of the Cross to help them understand why the cross was producing blindness in them. Let us consider closely the healing of the blind man:
- Mark 8: 22-26: The first healing of a blind man. They took a blind man before Jesus, asking Jesus to cure him. Jesus cures him, but in a different way. First, he takes him outside the village. Then he put some of his saliva on the eyes of the blind man and, laid his hands on him and asked him: Can you see anything? The man answered: I see persons; they look like trees that walk! He could only see one part. He exchanged trees for persons, or persons for trees! Jesus cures him only in the second time. This description of the cure of the blind man introduces the instruction to the disciples, in reality the blind man is Peter. He accepted Jesus as the Messiah, but a glorious Messiah. He saw only one part! He did not want the commitment of the Cross! The blindness of the disciples is also cured by Jesus, in different stages, not all at once.

- Mark 8: 27-30: The discovery of reality: Who do people say I am? Jesus asks: "Who do people say I am?" They answered expressing the different opinions: "John the Baptist." "Elijah or one of the Prophets." After having heard the opinions of others, Jesus asks: "And you who do you say I am?" Peter answers: "The Lord, the Christ, the Messiah!" That is, the Lord is the one whom the people are expecting! Jesus agrees with Peter but forbids him to speak about that with the people. Why? Because at that time all expected the coming of the Messiah, but each one in his own way: some expected the king, others the priest, doctor, warrior, judge, prophet! Nobody seemed to be expecting the Messiah, Servant and Suffering, announced by Isaiah (Is 42: 1-9).
- Mark 8: 31-33: First announcement of the Passion. Then Jesus began to teach saying that he is the Messiah Servant and affirms that, as Messiah Servant announced by Isaiah, he will soon be condemned to death in carrying out his mission of justice (Is 49: 4-9; 53: 1-12). Peter is horrified; he calls Jesus apart to rebuke him. And Jesus said to him: "Get behind me, Satan! You are thinking not as God thinks, but as human beings do." Peter thought he had given the right answer. In fact, he had said the correct word: "You are the Christ!" But he does not give it the correct sense. Peter does not understand Jesus. He was like the blind man. He exchanged people for trees! The response of Jesus was very hard: "Get behind me, Satan!" Satan is a Hebrew word which means accuser, the one who leads others away from the way to God. Jesus does not allow anyone to lead him away from his mission. Literally the text says: "Get behind me, Satan!" Peter has to follow Jesus. He must not change things and intend that Jesus follows Peter.

## For Personal Confrontation

- We all believe in Jesus. But some believe that Jesus is in one way, others in another way. Which is today the most common image that people have of Jesus? Which is the response which people today would give to Jesus' question? And I, what answer do I give?
- What prevents us today from recognizing the Messiah in Jesus?

## Concluding Prayer

I will praise Yahweh from my heart; let the humble hear and rejoice.  
Proclaim with me the greatness of Yahweh, let us acclaim his name together. (Ps 34: 2-3)

## Friday, February 17, 2023

*Ordinary Time*

## Opening Prayer

Lord our God,  
we believe in You with all our being. Let this faith never be a lifeless belief in abstract truths outside ourselves, but a deep personal commitment to Your Son Jesus Christ.

Give us the courage, we pray You, to live for our brothers and sisters and if need be to lose our life for them and for our Lord and Savior Jesus Christ, who lives with You and the Holy Spirit, one God, for ever and ever.

## Gospel Reading - Mark 8: 34-9: 1

Jesus called the people and His disciples to Him and said, 'If anyone wants to be a follower of Mine, let him renounce himself and take up his cross and follow Me. Anyone who wants to save his life will lose it; but anyone who loses his life for My sake, and for the sake of the gospel, will save it.

What gain, then, is it for anyone to win the whole world and forfeit his life? And indeed what can anyone offer in exchange for his life?

For if anyone in this sinful and adulterous generation is ashamed of Me and of My words, the Son of man will also be ashamed of him when He comes in the glory of His Father with the holy angels.'

And He said to them, 'In truth I tell you, there are some standing here who will not taste death before they see the kingdom of God come with power.'

## Reflection

Today's Gospel speaks about the conditions necessary to follow Jesus. Peter does not understand Jesus' proposal when He speaks about suffering and of the cross. Peter accepts Jesus as Messiah, but not a Suffering Messiah. Before this misunderstanding of Peter, Jesus describes the announcement of the Cross and explains the significance of the cross for the life of the disciples (Mk 8: 27 to 9: 1).

- Historical context of Mark: In the years '70's, when Mark writes, the situation of the communities was not easy. There was much suffering; there were many crosses. Six years before, in 64, the emperor Nero had decreed the first great persecution, killing many Christians. In the year 70, in Palestine, the Romans were destroying Jerusalem. In the other countries an enormous tension between converted Jews and non-converted Jews was beginning to arise. The greatest difficulty was the Cross of Jesus. The Jews thought that a crucified person could not be the Messiah, because the law affirmed that any crucified person should be considered a cursed person by God (Dt 21: 22-23).
- Mark 8: 34-37: Conditions to follow Jesus. Jesus draws the conclusions which are valid for the disciples, for the Christians of the time of Mark and for us who are living today: If anyone wants to follow Me let him deny himself, take up his cross and follow Me! At that time the cross was death penalty which the Roman Empire attributed to the marginalized. To take up the Cross and follow Him meant, definitively, to accept to be marginalized by the unjust system which legitimized injustice. The Cross was not the fruit of fatalism of history nor demanded by the Father. The Cross is the consequence of the freely assumed commitment by Jesus to reveal the Good News of the One who is Father and that, therefore, all have to be accepted and treated as brothers and sisters. Because of this revolutionary announcement, He was persecuted, and He was not afraid to give His own life. There is no greater love than to give one's life for one's brother. Immediately, after Mark inserts two separate phrases of the text.
- Mark 8: 38-9: 1: Two phrases: a requirement and an announcement. The first one (Mk 8: 38) is the requirement not to be ashamed of the Gospel, but to have the courage to profess it. The second one (Mk 9: 1), is an announcement about the coming or the presence of Jesus in the facts of life. Some thought that Jesus

would come afterwards (1 Th 4: 15-18). But in fact, Jesus had already come and was already present in the people, especially in the poor. But they were not aware of this. Jesus himself had said, "Every time that you helped the poor, the sick, the homeless, the imprisoned, the pilgrim it was me!" (Mt 25: 34-45).

## For Personal Confrontation

- What is the cross that weighs down on me and which makes my life heavy? How do I bear it?
- To gain or to lose life; to gain the whole world or to lose the soul; to be ashamed of the Gospel or to profess it publicly. How does this take place in my life?

## Concluding Prayer

How blessed is anyone who fears Yahweh, who delights in His commandments!  
His descendants shall be powerful on earth,  
the race of the honest shall receive blessings. (Ps 112:1-2)

# Saturday, February 18, 2023

*Ordinary Time*

## Opening Prayer

Lord our God,  
when Your Son was transfigured You gave eyes of faith to the apostles to see beyond appearances and to recognize Jesus as Your beloved Son.  
This vision gave them courage for the hour of trial.  
When our faith and trust seem to desert us in dark moments, let Your Son take us up to the mountain and give us a glimpse of His light, that with fresh courage and generosity we may see where He wants us to go.  
We ask this through Christ our Lord.  
Amen.

## Gospel Reading - Mark 9: 2-13

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, the disciples no longer saw anyone but Jesus alone with them. As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant. Then they asked him, "Why do the scribes say that Elijah must come first?" He told them, "Elijah will indeed come first and restore all things, yet how is it written regarding the Son of Man that he must

suffer greatly and be treated with contempt? But I tell you that Elijah has come and they did to him whatever they pleased, as it is written of him.”

## Reflection

Today's Gospel speaks about two facts linked together: the Transfiguration of Jesus and the question regarding the return of the prophet Elijah. At that time people were waiting for the return of the prophet Elijah. Today many people are waiting for the return of Jesus and write on the walls of the city: Jesus will return! They are not aware that Jesus has already returned and is present in our life. Sometimes, like a sudden lightening, this presence of Jesus bursts into our life and enlightens it, transfiguring it.

The Transfiguration of Jesus takes place after the first announcement of the death of Jesus (Mk 8: 27-30). This announcement had disturbed or upset the minds of the disciples, especially Peter's (Mk 8: 31-33). They were among the poor, but their mind was lost in the ideology of the government and the religion of the time (Mk 8: 15). The cross was an obstacle to belief in Jesus. The Transfiguration of Jesus will help the disciples to overcome the trauma of the cross.

In the year 70 when Mark was writing, the cross continued to be a great impediment for the Jews to accept Jesus as Messiah. They said, “The cross is a scandal!” (1 Cor 1: 23). One of the greatest efforts of the first Christians consisted in helping people perceive that the cross was neither a scandal, nor madness, but rather the expression of the power and the wisdom of God (1Cor 1: 22-31). Mark contributes to this. He uses the texts and the figure of the Old Testament to describe the Transfiguration. In this way he indicates that Jesus sees the realization of the prophecies, and the cross was a way toward glory.

- Mark 9: 2-4: Jesus changes appearance. Jesus goes up a high mountain. Luke says that He goes up to pray (Lk 9: 28). Up there, Jesus appears in glory before Peter, James and John. Together with Him appear Moses and Elijah. The high mountain evokes Mount Sinai, where in the past, God had manifested His will to the people, handing them the Law. The white clothes remind us of Moses with a radiant face when he spoke with God on the mountain and received the law (cf. Ex 43: 29-35) Elijah and Moses, the two greatest authorities of the Old Testament, speak with Jesus. Moses represents the law, Elijah, prophecy. Luke mentions the conversation concerning the “exodus of Jesus,” that is, the death of Jesus in Jerusalem (Lk 9: 31). It is then clear that the Old Testament, both the law as well as prophecy, already taught that for the Messiah Servant the way to glory had to go through the cross!
- Mark 9: 5-6: Peter is pleased, but he does not understand. Peter wants to keep this pleasant moment on the mountain. He offers to build three tents. Mark says that Peter was afraid, without knowing what he was saying, and Luke adds that the disciples were sleepy (Lk 9: 32). They were like us: they had difficulty understanding the cross!
- Mark 9: 7-9: The voice from Heaven clarifies the facts. When Jesus was covered by glory, a voice came from the cloud and said, “This is My Beloved Son! Listen to Him!” The expression “Beloved Son” reminds us of the figure of the Messiah Servant, announced by the prophet Isaiah (cf. Isa 42: 1). The expression: “Listen to Him!” reminds us of the prophecy which promised the coming of a new Moses (cf. Deut 18: 15). In Jesus, the prophecies of the Old

Testament are being fulfilled. The disciples can no longer doubt. Jesus is truly the glorious Messiah whom they desired, but the way to glory passes through the cross, according to what was announced by the prophecy of the servant (Isa 53: 3-9). The glory of the Transfiguration proves this. Moses and Elijah confirm it. The Father guarantees it. Jesus accepts it. At the end, Mark says that after the vision, the disciples saw only Jesus and nobody else. From now on, Jesus is the only revelation of God for us! Jesus is alone, the key to understanding all of the Old Testament.

- Mark 9: 9-10: To know how to keep silence. Jesus asked the disciples to tell no one what they had seen, until after the Son of Man had risen from the dead, but the disciples did not understand. In fact, they did not understand the meaning of the cross, which links suffering to the resurrection. The cross of Jesus is the proof that life is stronger than death.
- Mark 9: 11-13: The return of the prophet Elijah. The prophet Malachi had announced that Elijah would return to prepare the path for the Messiah (Mal 3: 23-24); this same announcement is found in the Book of Ecclesiasticus/Ben Sira (Sir 48: 10). But how could Jesus be the Messiah if Elijah had not yet returned? This is why the disciples asked, “Why do the scribes say that Elijah has to come before?” (Mk 9: 11). The response of Jesus is clear: “But I tell you Elijah has come and they have treated him as they pleased, just as the scriptures say about him” (9: 13). Jesus was speaking about John the Baptist, who was killed by Herod (Mt 17: 13).

## Personal Questions

- Has your faith in Jesus given you moments of transfiguration and of intense joy? How do these moments of joy give you strength in times of difficulty?
- How can we transfigure today our personal and family life as well as our community life?

## Concluding Prayer

All goes well for one who lends generously, who is honest in all his dealing; for all time to come he will not stumble, for all time to come the upright will be remembered. (Ps 112: 5-6)

## Sunday, February 19, 2023

*Seventh Sunday of Ordinary Time*

## Opening Prayer

Come, Lord,  
May your breath blow as the spring breeze that makes life bloom  
and opens up love;  
or let it be as the hurricane that unleashes unknown strength  
and raises latent energies.  
May your breath pass in our eyes

to open them up to farther and wider horizons, drawn by our Father's hand.  
May your breath pass on our saddened faces to restore a smile again;  
may it graze our tired hands to give them new life and make them able to work joyfully  
for the Gospel's sake.  
May your breath pass since dawn  
holding fast all our days in a generous impulse.  
May your breath pass as night approaches to keep us safe in your light  
and in your enthusiasm.  
May it pass and remain throughout all our life  
to renew it and give it the true and profound dimensions:  
which are outlined in the Gospel of Jesus.

## Reading

### A Key to the Reading:

The seventh Ordinary Sunday, unfortunately rarely celebrated, as it is inserted in the short period of time between Christmas and Lent confronts us with one of the sharpest Gospel passages, challenging and comforting at the same time, that a Christian can meet: the closing words or "antithesis" of the Sermon on the Mount.

The first reading from Leviticus (19: 1-2, 17-18), is a piece of the "law of holiness." It relates directly to the second part of the Gospel text, with the command to love our neighbor and closely parallels with the last sentence of the words of the Lord.

The second reading (1 Cor 3: 16-23) shows a further development of the theme of the Gospel: the path of Christian holiness, as far as humanly paradoxical and difficult to understand and put into practice, becomes possible by virtue of our mutual belonging to God. We are consecrated to Him and He has given himself completely to us through love; making us capable of loving like He does, of loving because of him and in him.

Our passage belongs to the so called "Sermon on the Mount" and is the first of the great speeches of Jesus that characterizes the first Gospel and includes chapters 5 to 7. This long speech, beginning with the most known and always provocative Beatitudes, can be read in the light of Jesus' statement on the full completion of the Law: "Do not think that I have come to abolish the Law or the Prophets: I came not to abolish them but to fulfill them..."

For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven (5: 17, 20).

Our passage belongs to the second section of the sermon, the one exposing the "new ethic," which comes to give fullness and perfection to the ethic based on the law given by Moses. This new ethic is characterized by statements beginning with the words: "But I tell you"; these statements lead us from the words of the Law or from a way to apply it to a new ethic law, which does not abolish the old Law, but gives it a new interpretation, in the light of our human interiority, in which God dwells as our Master and living example. In this way Jesus comes under our eyes and is presented to us by the Evangelist as a imitator of Moses, one who has in himself the same authority as the great leader of the Jewish people.

The verses of the Gospel this Sunday are the last verses of this section with the two last "anti-thesis" or "hyper-thesis," which are strictly bound and have the strength to express the highest moral wisdom, based on the most pure and deep faith in God as Father and almighty and merciful Lord.

In light of the other readings of this Sunday's celebration, the strong ethical demands of Jesus that we hear today are to be seen not as the result of a heroic attitude, but rather as the result of a full Christian life of high quality and more conforming to the "image of the Son" (Rom 8: 29).

### **The Text: Matthew 5: 38-48**

<sup>38</sup> "You have heard that it was said, 'Eye for eye, and tooth for tooth.' <sup>39</sup> But I tell you, Do not resist an evil person. If someone strikes you on the right cheek, turn to him the other also. <sup>40</sup> And if someone wants to sue you and take your tunic, let him have your cloak as well. <sup>41</sup> If someone forces you to go one mile, go with him two miles. <sup>42</sup> Give to the one who asks you, and do not turn away from the one who wants to borrow from you. <sup>43</sup> "You have heard that it was said, 'Love your neighbor and hate your enemy.' <sup>44</sup> But I tell you: Love your enemies and pray for those who persecute you, <sup>45</sup> that you may be sons of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. <sup>46</sup> If you love those who love you, what reward will you get? Are not even the tax collectors doing that? <sup>47</sup> And if you greet only your brothers, what are you doing more than others? Do not even pagans do that? <sup>48</sup> Be perfect, therefore, as your heavenly Father is perfect.

## Moment of Silence

*So that the Word of God may penetrate in our hearts and enlighten our life.*

## To Go Deeper into the Theme

We start from the premise that the Sermon on the Mount is not a "law according to cases," that is the enumeration of "ethical cases" with the solution best suited to each. On the contrary, as it has been well expressed by the scholar J. Ernst: "Considered as ethical rules, such requests (those inserted in the Sermon on the mount) are totally meaningless. Their significance is to be found in the role they play as signs and directions. In fact, they want to draw our attention in a drastic way on the new era of salvation, which began with Jesus. The commandment of love has now acquired an ultimate radical stress.

- Matthew 5: 38: Jesus' exhortation starts from the "law of retaliation" (eye for an eye), which is a rule born from the civil law to prevent immoderate revenges, especially if hyperbolic; revenges that are to be limited according to a criterion of just balance between the evil committed and the evil given back and, above all, these revenges must be ruled within a judicial sphere.
- Matthew 5: 39 a: Jesus clear intent is not the condemnation of the ancient "eye for an eye" with all its rigors. He intends to suggest to us an approach for practical life, in accordance with the infinite goodness and mercy of our heavenly Father as a general attitude of life, made possible by the proclamation of the kingdom. The disciples of Jesus must be guided by a criterion that exceeds, by virtue of an overflowing love, the natural inclination to demand the absolute respect of one's rights. Those who belong to Jesus must live according to generosity: spending one's life for others, forgetting their own interests, free from meanness, being benevolent, forgiving, giving proof of greatness of soul. This is a practical, and really radical way to interpret the beatitude of the meek (Mt. 5: 5).



- Matthew 5: 39 b-42: Here are a few examples of magnanimity (that is to have a "*animus magnus* – a soul wide opened") that should characterize the Christian, who is called to give more than it is required or claimed by him. Of course, this is not an absolute law, which would upset the socially accepted way of life, but it is a way to show the spirit of love even towards those who have done something bad.

The underlying message contained in these so well known examples corrects deeply the message contained in the "law of retaliation" (eye for an eye) and cannot be properly understood, except in the light of it.

The believer is called to interpret every situation, even those presenting very serious difficulties, in terms of the love of God which he has already received, making a radical leap in the approach: no more retaliation or revenge, nor the defense of himself and of his rights, even though appropriate, but the search for the good of everyone, even those who do evil. In this way one becomes free from the chain of revenge or even violence, which could become endless, to get justice by oneself, risking to fall into the spiral of evil under the influence of excessive zeal. It is on God's justice, which is always better, that we have to rely.

St. Paul expresses this very well: "Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everybody. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my friends, but leave room for God's wrath, for it is written:

"It is mine to avenge; I will repay," says the Lord. On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head." Do not be overcome by evil, but overcome evil with good. "(Rom 12: 17- 21).

The interpretation of these living standards can be found in the general attitude and in several specific episodes of the Passion of Jesus: when he reacts with calmness and firmness to the beatings during the process held by the Jews (Jn 18: 23), when he doesn't flee from being arrested and prevents Peter to fight for him (Jn 18: 4-10), when he forgives those who crucified him (Luke 23: 34) and takes the thief in paradise (Luke 23: 40-43). And we know that the key to understanding the passion of Jesus is God's love for humanity (Jn 13: 1, 15: 13).

A hero of nonviolence, Martin Luther King, wrote: "The oceans of history are made turbulent by the flow of always insurrecting revenge. Man never raised above the commandment of the *lex talionis*: "Life for life, eye for eye, tooth for tooth, hand for hand, foot for foot." In spite of the fact that the law of revenge does not solve any social problem, people continue to pursue his disastrous leadership. The story echoes the noise of the ruin of nations and individuals who have followed this self-destructive path. Jesus from the cross stated eloquently a higher law. He knew that the old law eye for an eye would make all blind, and did not try to overcome evil with evil: he won the evil with good. Crucified by hate he responded with aggressive love.

What a wonderful lesson! Generations will rise and fall, man will continue to worship the god of vengeance and prostrate before the altar of retaliation, but then more and more this noble lesson of Calvary will be an urgent warning that only goodness can eliminate the evil and only love can overcome hate. "*The power of love, Società Editrice Internazionale, Torino, 1994, p. 65*).

- Matthew 5: 43: The Old-Testament commandment that Jesus quotes is the result of the combination of a quote from Leviticus (19:18) and the extrabiblical words "and hate your enemy" that come from a totally negative attitude

towards the Gentiles, seen as enemies of God and, therefore, as enemies of the people of God and as such they had to be rejected in any way, in order to avoid the infection of their idolatry and immorality.

- Matthew 5: 44 a: The evangelist uses, significantly, the verb *agapao* to indicate the Christian duty to love the enemies far beyond any general rule and any kind of friendship. This is the most typical verb expressing God's attitude towards men and men's attitude towards God and his fellows: a radical will of free goodness and self-giving.

This precept, completely new and shocking in many ways, completes the previous teachings of Jesus and refers to the "superabundant justice" from which began the Sermon on the Mount. It is up to this very lofty goal that he wanted to bring his disciples: "Love your enemies."

The enemies we are talking about here, specifically, are the persecutors, pagans, idolaters, those who most directly contrasted the Christian ideal, thus constituting a threat to faith. However, they are the prototype and the symbol of each enemy. To them the Christian should use the same kindness that he has with his brothers in faith. Not only tolerance, love or friendship in general, but deep and disinterested love of self that the believer can only draw from the heart of God and learn from his example, as seen in the creation and history of the universe.

- Matthew 5: 44 b: «" Love and pray, love up to pray. " It is the supreme gift that can be done to the enemy, because it puts in place the maximum internal energy: the power of faith. It's easier to offer a gesture of external aid or relief than to desire intimately, in one's heart and in truth, the good of the enemy, as much as to make it the theme and the intention of the prayer before God. If you pray for him, asking for him graces and blessings, it means that you desire and want what is good for him. This is to be sincere in love. Prayer is the Christian's reward to the blames of the enemy "(OP).
- Matthew 5: 45: Jesus explains why we should love our enemies. The filiation He is talking about in this passage does not cancel that by creation or adoption, but it is primarily the one of the similarity of our feelings with those of God. The Christian must imitate in his everyday life the goodness of his heavenly Father.

So, when he loves his enemy, he becomes child of the Heavenly Father, because it is the result of the desire to love like He does.

Of course, the identity of the children of God is not static, but emerges from a dynamic process. Those who are children of God by Baptism, become fully his children living and growing in the same logic of the Father, also making gestures of love that reveal his likeness to God. Since God is good and fair, his sons are good and fair, able to regulate their own love not according to the merits of others, but according to the love and care that each living being receives constantly by God.

The more one lets himself be shaped by the grace of God, the more he can put into practice this commandment, and the more the Holy Spirit will bear witness to his spirit that he is the son of God (cf. Rom 8: 16).

- Matthew 5: 46-47: the real difference between Christians and other men is the attitude and the capacity to love even those who would be "naturally" not lovely.
- Matthew 5: 48: Perfect (*teleios*, complete, accomplished - in this case, complete in love).

Again Jesus links the commandment of love for the enemy with his Father's example, with the actions that He accomplishes daily for the benefit of all and which are the fruit of his heart full of love, that He, the Son, knows deeply. This is the heart of Christian morality which is not a law to observe, but is a communion of life with this Father given by the Holy Spirit, "the law of the Spirit who gives life in Christ Jesus" (Rom 8: 2).

In this communion, the Christian absorbs the love of the Father, a love that aims to change enemies into friends, changing the bad and making them become good.

Isaac of Nineveh, commenting v. 45, states: "By the Creator there is no change, or intention that is before or after, in his nature, there is no hatred or resentment, or smaller or bigger place in his love, either after or first in his knowledge. In fact, if everyone believes that the creation has begun as a result of goodness and love of the Creator, we know that this plea does not change or decrease in the Creator, as a result of a disorder in his creation.

It would be odious and blasphemous to claim that in God exist hatred or resentment – not even for the demons - or to imagine any other weakness or passion ... On the contrary, God acts with us in ways that are advantageous for us; either causes of pain or relief for us, of joy or sadness, insignificant or glorious. All of them are oriented towards the same eternal Goods" (*Discourse, Part 2, 38.5 and 39.3*).

## Questions for reflection:

*to help us in our personal reflection and meditation.*

- I stop, Do I know that these words are for me, today?
- Do I know that Jesus speaks to me in the situation that I live in this particular moment in my life?
- Do I take very seriously the words of the gospel?
- How do I live these high and yet unavoidable ethical standards?

### "I tell you: Do not resist an evil person"

- "If someone strikes you on the right cheek, turn to him the other also" "Love your enemies and pray for those who persecute you"

### "Be perfect as your heavenly Father is perfect."

- I examine myself: What are my models of conduct when I am in difficult situations? When I feel attacked or treated unfairly?
- And when I feel the lack of love of others or their aversion to me, how do I react? Which pattern does my action follow in this situations?
- In my prayer do I put myself in front of the example of Jesus?
- Am I able to watch at least a little to the Father who is a merciful Father of all beings in the universe and keeps all in existence?

- It's time to take another step forward in the way I act: I invoke the Holy Spirit, so that he may shape my interior according to the image of Jesus, making me able to love others like him and because of him!

## Prayer

The Word of God offers us a magnificent hymn for our prayer.

The beauty and timeliness of the famous "hymn to love" (1 Cor 13: 1-9,12 b-13) become even stronger for us if, when we pray, we replace the word "charity" with the name of Jesus, who is divine love incarnate, and who is a true reflection of the Father's love for all His creatures:

If I speak in the tongue of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. <sup>2</sup> If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing. <sup>3</sup> If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing. <sup>4</sup> Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup> It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup> Love does not delight in evil but rejoices with the truth. <sup>7</sup> It always protects, always trusts, always hopes, always perseveres. <sup>8</sup> Love never fails.

But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away.

Now I know in part; then I shall know fully, even as I am fully known. <sup>13</sup> And now these three remain: faith, hope and love. But the greatest of these is love

## Final Prayer

O God, in your Son, stripped and humiliated on the cross, you have revealed the strength of your love, open our hearts to the gift of your Spirit and provide that, accepting him, might be broken within us the chains of violence and hatred that bind us to the lifestyle of those who do not know you, so that through the victory of good over evil we may manifest our identity of God's children and bear witness to your Gospel of reconciliation and peace.

## Monday, February 20, 2023

*Ordinary Time*

## Opening Prayer

Father, keep before us the wisdom and love you have revealed in your Son. Help us to be like him in word and deed, for he lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 9: 14-29

As they were rejoining the disciples, they saw a large crowd round them and some scribes arguing with them. At once, when they saw him, the whole crowd were struck with amazement and ran to greet him. And he asked them, 'What are you arguing about with them?' A man answered him from the crowd, 'Master, I have brought my

son to you; there is a spirit of dumbness in him, and when it takes hold of him it throws him to the ground, and he foams at the mouth and grinds his teeth and goes rigid. And I asked your disciples to drive it out and they were unable to.' In reply he said to them, 'Faithless generation, how much longer must I be among you? How much longer must I put up with you? Bring him to me.' They brought the boy to him, and at once the spirit of dumbness threw the boy into convulsions, and he fell to the ground and lay writhing there, foaming at the mouth. Jesus asked the father, 'How long has this been happening to him?' 'From childhood,' he said, 'and it has often thrown him into fire and into water, in order to destroy him. But if you can do anything, have pity on us and help us.' 'If you can?' retorted Jesus. 'Everything is possible for one who has faith.' At once the father of the boy cried out, 'I have faith. Help my lack of faith!' And when Jesus saw that a crowd was gathering, he rebuked the unclean spirit. 'Deaf and dumb spirit,' he said, 'I command you: come out of him and never enter him again.' Then it threw the boy into violent convulsions and came out shouting, and the boy lay there so like a corpse that most of them said, 'He is dead.' But Jesus took him by the hand and helped him up, and he was able to stand. When he had gone indoors, his disciples asked him when they were by themselves, 'Why were we unable to drive it out?' He answered, 'This is the kind that can be driven out only by prayer.'

## Reflection

The Gospel today informs us that the disciples of Jesus were not able to cast out the devil from the body of a boy. The power of evil was greater than their capacity. Today, also, there are many evils which surpass our capacity to face them: violence, drugs, war, sickness, jobless people, terrorism, etc. We make great efforts in life, but it seems that instead of improving, the world becomes worse. What good is there in struggling? Keeping this question in mind, let us read and meditate on today's Gospel.

- Mark 9: 14-22: The situation of the people: despair without solution. Coming down from the mountain of the Transfiguration, Jesus met many people around the disciples. A parent was in despair, because an evil spirit had taken possession of his son. With great detail, Mark describes the situation of the possessed boy, the anguish of the father, the incapacity of the disciples and the reaction of Jesus. Two things strike us in a particular way: on one side, the confusion and the powerlessness of the people and of the disciples in the face of the phenomenon of possession, and on the other hand, the power of faith in Jesus before which the devil loses all his influence. The father had asked the disciples to drive out the devil from the boy, but they were not able to do it. Jesus becomes impatient and says: "Faithless generation! How much longer must I be among you? How much longer must I put up with you? Bring him to me." Jesus asks information regarding the sickness of the boy. And from the response of the father, Jesus knows that the boy, "from childhood," was affected by a serious illness which endangered his life. The father asked: "But if you can do anything, have pity on us and help us!" The phrase of the father expresses a very real situation of the people: (a) they are faithless; (b) they are not in a condition to solve the problem, but (c) have such good will.
- Mark 9: 23-27: The answer of Jesus: the way of faith. The father answers: Lord, I believe! But help my lack of faith! The response of the father has the central place in this episode. It indicates that this should be the attitude of the disciple, that, in spite of his/her limitations and doubts, he/she wants to be faithful. Seeing that many people were coming, Jesus acted rapidly. He ordered the

spirit to get out of the boy and not to return “again ever!” This is a sign of the power of Jesus on evil. It is also a sign that Jesus did not want any popular propaganda.

- Mark 9: 28-29: Deepening this with the disciples. In the house, the disciples want to know why they were not able to drive out the devil. Jesus answers: This is the kind of evil spirit that can be driven out only by prayer! Faith and prayer go together. One does not exist without the other. The disciples had become worse. Before they were capable of driving out the devil (cfr. Mk 6, 7.13). Now, no more. What is lacking? Faith or prayer? Why is it lacking? These are questions which come from the text and enter into our head in a way that we can proceed also to a kind of revision of our life.
- The expulsion of the devils in the Gospel of Mark. During the time of Jesus many persons spoke of Satan and of the expulsion of the devils. People were afraid and, there were some persons who profited and took advantage of the fear of the people. The power of evil had many names: Demon, Devil, Beelzebul, Prince of Demons, Satan, Dragon, Domination, Power, Beast-wild animal, Lucifer, etc. (cfr. Mk 3: 22-23; Mt 4: 1; Rv 12: 9; Rm 8: 38; Eph 1: 21).

Today also, among us the power of evil has many names. It is enough to consult the dictionary and look for the word Devil or Demon. Today, also, many dishonest people enrich themselves, profiting of the fear which people have of the devil. Now, one of the objectives of the Good News of Jesus is, precisely, to help people to free themselves from this fear. The coming of the Kingdom of God means the coming of a stronger power. The strong man was an image which indicated the power of evil which maintained people imprisoned by fear (Mk 3: 27). The power of fear oppresses persons and makes them lose themselves. He does in such a way that they live in fear and death (cfr. Mk 5: 2). It is such a strong power that nobody can stop it (Mk 5: 4). The Roman Empire with its “Legion” (cfr. Mk 5: 9), that is, with its armies, was the instrument used to maintain this situation of oppression. But Jesus is the strongest man who overcomes, seizes and drives out the power of evil! In the Letter to the Romans, the Apostle Paul gives a list of all the possible powers or demons which could threaten us and he summarizes everything in this way: “I am certain of this: neither death nor life, nor angels, nor principalities, nothing already in existence and nothing still to come, nor any power, nor the heights nor the depths, nor any created thing whatever, will be able to come between us and the love of God, known to us in Christ Jesus, our Lord!” (Rm 8: 38-39). Nothing of all this! And after the Resurrection are: “Do not be afraid! Rejoice! Do not fear! Peace be with you!” (Mk 16: 6; Mt 28: 9-10; Lk 24: 36; Jn 20: 21).

## Personal Questions

- Have you ever lived an experience of powerlessness before some evil or violence? Was this an experience for you only or also for the community? How did you overcome it?
- Which is the type of evil today which can only be overcome with much prayer?

## Concluding Prayer

The precepts of Yahweh are honest, joy for the heart; the commandment of Yahweh is pure, light for the eyes. (Ps 19: 8)

# Tuesday, February 21, 2023

## Opening Prayer

Father, keep before us the wisdom and love you have revealed in your Son. Help us to be like him in word and deed, for he lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 9: 30-37

After leaving that place Jesus and his disciples made their way through Galilee; and he did not want anyone to know, because he was instructing his disciples; he was telling them, 'The Son of man will be delivered into the power of men; they will put him to death; and three days after he has been put to death he will rise again.' But they did not understand what he said and were afraid to ask him. They came to Capernaum, and when he got into the house he asked them, 'What were you arguing about on the road?' They said nothing, because on the road they had been arguing which of them was the greatest. So he sat down, called the Twelve to him and said, 'If anyone wants to be first, he must make himself last of all and servant of all.' He then took a little child whom he set among them and embraced, and he said to them, 'Anyone who welcomes a little child such as this in my name, welcomes me; and anyone who welcomes me, welcomes not me but the one who sent me.'

## Reflection

Today's Gospel narrates the second announcement of the Passion, Death and Resurrection of Jesus. Like in the first announcement (Mk 8: 27-38), the disciples were terrified and they are afraid. They do not understand the words about the cross, because they are not capable to understand or to accept a Messiah who becomes the servant of the brothers. They continue to dream in a glorious Messiah and besides that, they show a great incoherence. When Jesus announces his Passion and Death, they discuss who among them will be the greatest. Jesus wants to serve, they only think in commanding! Ambition leads them to promote themselves at the cost of Jesus. Up until the present time, this same desire of self-promotion exists in our communities.

- In the time of Jesus as well as in that of Mark, there was the "yeast" of a dominating ideology. Today also, the ideology of the propaganda of business, of consumerism, of the television novels, influence profoundly the way of thinking and of acting of people. At the time of Mark, the communities were not always capable to maintain a critical attitude before the invasion of the ideology of the Roman Empire. And today?
- Mark 9: 30-32 – The announcement of the Cross Jesus goes across Galilee, but he does not want people to know it, because he is busy with the formation of the disciples, and he speaks with them about the Cross. He says that according to the prophecy of Isaiah (Is 53: 1-10), the Son of Man has to be handed over and condemned to death. This indicates the orientation of Jesus toward the Bible, whether in the carrying out of his own mission, as in the formation given to his disciples. He drew his teaching from the prophecies. Like in the first announcement (Mk 8: 32), the disciples listen to him, but they do not understand what he says about the Cross. But they do not ask for any clarification. They are afraid to show their ignorance!

- Mark 9: 33-34: The competitive mentality  
When they got home, Jesus asked: “What were you arguing about on the road?” They did not answer. It is the silence of the one who feels guilty, “on the road, in fact, they had been arguing which of them was the greatest. Jesus is a good pedagogue. He does not intervene immediately. He knows how to wait for the opportune moment to fight against the influence of the ideology in those whom he is forming. The competitive mentality and of prestige, which characterized the society of the Roman Empire, was already penetrating into the small community which was just being formed! Behold the contrast: incoherence: Jesus is concerned with being the Messiah Servant and they think only in who is the greatest. Jesus tries to descend, they think of going up!
- Mark 9: 35-37: To serve instead of commanding. The response of Jesus is a summary of the witness of life which he himself was giving from the beginning: if anyone wants to be first, he must make himself last of all and servant of all! Because the last one does not win a prize nor obtain a reward. He is a useless servant (cfr. Lk 17: 10). Power must be used not to ascend and dominate, but to descend and serve. This is the point on which Jesus insists the most and of which he gives a greater witness (cf. Mk 10: 45; Mt 20: 28; Jn 13: 1-16). Then Jesus took a little child whom he set among them. A person, who only thinks to go up and to dominate, would not lend much attention to little ones and to children. But Jesus overturns everything! He says: “Anyone who welcomes a little child such as this in my name welcomes me; and anyone who welcomes me, welcomes not me but the one who sent me.” He identifies himself with little ones. Anyone who welcomes the little ones in the name of Jesus welcomes God himself!
- A person is not a saint and is not renewed by the simple fact of “following Jesus.” In the midst of the disciples, and always again, the “yeast of Herod and of the Pharisees” (Mk 8: 15) could be observed. In the episode of today’s Gospel, Jesus appears as a teacher forming his followers. “To follow” was a term that formed part of the educational system of that time. It was used to indicate the relationship between the disciple and the teacher. The relationship teacher-disciple is different from that of professor-pupil. The pupils go to the class of the professor of a determinate subject. The disciples “follow” the teacher and live with him, twenty-four hours a day. In this “living together” with Jesus during three years, the disciples will receive their formation. Tomorrow’s Gospel will give us another quite concrete example of how Jesus formed his disciples.

## Personal Questions

- Jesus wants to lower himself and serve. The disciples want to ascend and to dominate. And I? Which is the most profound motivation of my “unknown I”?
- To follow Jesus and to be with him, twenty-four hours a day, and allow his way of living to become my way of living and of living together with others. Is this taking place in me?

## Concluding Prayer

May the words of my mouth always find favour, and the whispering of my heart, in your presence, Yahweh,  
my rock, my redeemer. (Ps 19: 14)



# Wednesday, February 22, 2023

*Ash Wednesday*

## Opening Prayer

Lord our God,  
help us to love You with all our hearts and to love all people as You love them.  
We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You  
and the Holy Spirit, one God, for ever and ever. Amen.

## Gospel Reading - Mark 6: 1-6

Jesus departed from there and came to his native place, accompanied by his disciples. When the sabbath came he began to teach in the synagogue, and many who heard him were astonished. They said, "Where did this man get all this? What kind of wisdom has been given him? What mighty deeds are wrought by his hands! Is he not the carpenter, the son of Mary, and the brother of James and Joseph and Judas and Simon? And are not his sisters here with us?" And they took offense at him. Jesus said to them, "A prophet is not without honor except in his native place and among his own kin and in his own house." So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them. He was amazed at their lack of faith.

## Reflection

The Gospel today speaks of the visit of Jesus to Nazareth and describes the obstinacy of the people of Nazareth who do not want to accept Him. (Mk 6: 1-6). Tomorrow the Gospel describes the openness of Jesus toward the people of Galilee, shown through the sending out of His disciples on mission (Mk 6: 7-13).

- Mark 6: 1-2a: Jesus returns to Nazareth. At that time Jesus went to His home town, and His disciples accompanied Him. "With the coming of the Sabbath, He began teaching in the synagogue." It is always good to return to one's home town and to reunite with friends. After a long absence, Jesus also returns, and as usual, on Saturday, He goes to the synagogue to participate in the meeting of the community. Jesus was not the coordinator of the community, but even though He was not, He takes the floor and begins to teach. This is a sign that people could participate and express their own opinion.
- Mark 6: 2b-3: Reaction of the people of Nazareth before Jesus. The people of Capernaum had accepted the teaching of Jesus (Mk 1: 22), but the people of Nazareth did not like the words of Jesus and were scandalized. For what reason? Jesus, the boy whom they had known since He was born, how is it that now He is so different? They do not accept God's mystery present in Jesus, a human being and common as they are and known by all! They think that to be able to speak of God, He should be different from them! As we can see, not everything went well for Jesus. The people who should have been the first ones to accept the Good News were precisely those who had the greatest difficulty accepting it. The conflict was not only with foreigners, but especially with His relatives and with the people of Nazareth. They refused to believe in Jesus, because they could not understand the mystery of God embracing the person of Jesus. "From where do all these things come to Him? And what wisdom is

this which has been given to Him? And these miracles which are worked by Him? This is the carpenter, surely, the son of Mary, the brother of James and Joses and Jude and Simon? His sisters too, are they not here with us?" And they would not accept Him. They do not believe in Jesus!

- The brothers and the sisters of Jesus. The expression "brothers of Jesus" causes polemics among Catholics and Protestants. Based on this text and on others, the Protestants say that Jesus had more brothers and sisters and that Mary had more sons! The Catholics say that Mary had no other sons. What should we think about all this? In the first place, the two positions, that of Catholics and that of the Protestants, both have arguments taken from the Bible and from the tradition of their respective communities. Therefore, it is not proper to discuss this question with arguments drawn only from reason. This is a question of profound convictions, which have something to do with the faith sentiments both of Catholics and Protestants. An argument taken only from reason cannot succeed in changing the conviction of the heart! On the contrary, it irritates and draws others away! Even when I do not agree with the opinion of another, I should always respect it! We, both Catholics and Protestants, instead of discussing texts, should unite to struggle in defense of life, created by God, a life which has been so disfigured by poverty and injustice, by the lack of faith. We should remember other phrases of Jesus: "I have come in order that they may have life and life in abundance" (Jn 10:10). "That all may be one, so that the world may believe that You, Father, have sent Me" (Jn 17:21). "Who is not against us is for us" (Mk 10:39-40).
- Mark 6: 4-6. Jesus' reaction before the attitude of the people of Nazareth. Jesus knows very well that "nobody is a prophet in his own country." He says, "A prophet is despised only in his own country, among his own relations and in his own house." In fact, where there is no acceptance or faith, people can do nothing. The preconception prevents this. Even if Jesus wanted to do something, He cannot, and He is amazed at their lack of faith. For this reason, before the closed door of His community "He began to make a tour around the villages, teaching." The experience of this rejection led Jesus to change His practice. He goes to the other villages and, as we shall see in tomorrow's Gospel, He gets the disciples involved in the mission instructing them on how they have to continue the mission.

## Personal Questions

- Jesus had problems with His relatives and with His community. From the time when you began to live the Gospel better, has something changed in your relationship with your family and with your relatives?
- Jesus cannot work many miracles in Nazareth because faith is lacking. Today, does He find faith in us, in me?
- Does the debate over Mary and Jesus' brothers and sisters precipitate a change in our behavior or how we put faith into action? Should this change how we treat the poor and marginalized?

## Concluding Prayer

How blessed are those whose offense is forgiven,  
whose sin blotted out.

How blessed are those to whom Yahweh imputes no guilt, whose spirit harbors no deceit. (Ps 32: 1-2)

## Thursday, February 23, 2023

*Thursday after Ash Wednesday*

### Opening Prayer

Lord our God,  
You love us and You invite us  
to share in Your own life and joy,  
through a personal decision.  
Help us to choose You and life  
and to remain ever loyal  
to this basic option  
by the power of Jesus Christ, Your Son,  
who was loyal to You and to us, now and forever.

### Gospel Reading - Luke 9: 22-25

Jesus said to his disciples: "The Son of Man must suffer greatly and be rejected by the elders, the chief priests, and the scribes, and be killed and on the third day be raised." Then he said to all, "If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will save it. What profit is there for one to gain the whole world yet lose or forfeit himself?"

### Reflection

Yesterday we entered into the season of Lent. Up until now the daily Liturgy followed the Gospel of Mark, step by step. Beginning yesterday until Easter, the sequence of the readings of the day will be dictated by the ancient tradition of Lent and of preparation for Easter. From the very first day, the perspective is that of the Passion, Death and Resurrection and of the meaning which this mystery has for our life. This is what is proposed in the rather brief text of today's Gospel. The text speaks of the Passion, Death and Resurrection of Jesus and affirms that the following of Jesus presupposes that we carry our cross after Jesus.

Before, in Luke 9: 18-21, Jesus asks, "Who do the crowds say that I am?" They answered giving different opinions: John the Baptist, Elijah or one of the ancient prophets. After having heard the opinions of others, Jesus asks, "Who do you say I am?" Peter answers, "The Christ of God!" that is, the Lord is the one awaited by the people! Jesus agrees with Peter, but He orders and charges them not to say this to anyone. Why did Jesus forbid this? Because at that time everybody was expecting the Messiah, but each one according to his own mind: some as king, others as priest, doctor, warrior, judge or prophet! Jesus thinks in a different way. He identifies Himself with the Messiah, servant and suffering, announced by Isaiah (42: 1-9; 52: 13-53: 12)

The first announcement of the Passion. Jesus begins to teach that He is the Messiah, the Servant and affirms that, as Messiah, the Servant announced by Isaiah, soon He will be put to death in the carrying out of His mission of justice (Is 49: 4-9; 53: 1-12). Luke usually follows the Gospel of Mark, but here he omits the reaction of Peter, who

advised Jesus against or tried to dissuade Him from thinking of the suffering Messiah and he also omits the hard response: "Far from me, Satan! Because you do not think as God, but as men!" Satan is a Hebrew word which means accuser, the one who draws others far away from the path of God. Jesus does not allow Peter to get Him away from His mission.

Conditions to follow Jesus. Jesus draws conclusions valid even until now: "If anyone wants to follow Me, let him deny himself, take up his cross every day and follow Me." At that time the cross was the death penalty which the Roman Empire gave to marginalized criminals. To take up the cross and to carry it following Jesus was the same as accepting to be marginalized by the unjust system which legitimized injustices. It was the same as to break away from the system. As St. Paul says in the letter to the Galatians, "The world has been crucified for Me and I to the world" (Gal 6: 14). The cross is not fatalism, neither is it an exigency from the Father. The Cross is the consequence of the commitment freely assumed by Jesus to reveal the Good News that God is Father, and that, therefore, we all should be accepted and treated as brothers and sisters. Because of this revolutionary announcement, He was persecuted and He was not afraid to deliver His own life. There is no greater proof of love than to give one's life for one's brother or sister.

## Personal Questions

- Everybody was waiting for the Messiah, each one in his/her own way. Which is the Messiah whom I await and whom people today await?
- The condition to follow Jesus is the cross. How do I react before the crosses of life?

## Concluding Prayer

How blessed is anyone who rejects the advice of the wicked  
and does not take a stand in the path that sinners tread,  
nor a seat in company with cynics,  
but who delights in the law of Yahweh  
and murmurs His law day and night. (Ps 1: 1-2)

## Friday, February 24, 2023

*Friday after Ash Wednesday*

## opening Prayer

Lord of the Covenant,  
we have not to fear Your judgment  
if like You we become rich in mercy  
and full of compassion for our neighbor.  
May we not only know that You ask us  
but practice with sincere hearts  
to share our food with the hungry  
and to loosen the bonds of injustice,  
that through us Your light may shine  
and Your healing spread far and wide.

Be with us in Your goodness.  
We ask this through Christ our Lord.

## Gospel Reading - Matthew 9: 14-15

The disciples of John approached Jesus and said, "Why do we and the Pharisees fast much, but your disciples do not fast?" Jesus answered them, "Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast."

## Reflection

Today's Gospel is a brief version of the Gospel which we already meditated on in January, when the same theme of fasting was proposed to us (Mk 2: 18-22), but there is a small difference. Today, the Liturgy omits the whole discourse of the new piece of cloth on an old cloak and the new wine in an old skin (Mt 9: 16-17) and concentrates its attention on fasting.

Jesus does not insist on the practice of fasting. Fasting is a very ancient practice and done in almost all religions. Jesus Himself practiced it during the forty days (Mt 4:2). But He did not insist His disciples do the same. He leaves them free. For this reason, the disciples of John the Baptist and of the Pharisees, who were obliged to fast, want to know why Jesus does not insist on fasting.

While the bridegroom is with them, they do not need to fast. Jesus responds with a comparison. When the bridegroom is with the friends of the spouse, that is, during the wedding feast, it is not necessary for them to fast. Jesus considers Himself the spouse. The disciples are the friends of the spouse. The time which Jesus is with the disciples is the wedding feast. The day will come in which the spouse will no longer be there. Then, they can fast if they so desire. In this phrase Jesus refers to His death. He knows and He becomes aware that if He continues along this path of freedom the religious authority will want to kill Him.

Fasting and abstinence from meat are universal practices. The Muslims have fasting during Ramadan, during which they don't eat until the rising of the sun. For diverse reasons, people impose upon themselves some form of fasting. Fasting is an important means to control oneself and this exists in almost all religions. It is also appreciated by those who are health conscious.

The Bible has many references to fasting. It was a way of making penance and of attaining conversion. Through the practice of fasting, Christians imitated Jesus who fasted during forty days. Fasting helps to attain the freedom of mind, self-control, and perhaps a critical vision of reality. It is an instrument to free our mind and not allow one to be transported by any breeze. It is a means to take better care of health. Fasting can be a form of identification with the poor who are obliged to fast the whole year and eat meat very rarely. There are also those who fast in order to protest. Even if fasting and abstinence are no longer observed today, the basic objective of this practice continues to remain unchanged and is a force which should animate our life: to participate in the Passion, Death and Resurrection of Jesus. Surrender one's own life in order to be able to possess it in God. Become aware or conscious of the fact that the commitment to the Gospel is a one way journey, without returning, which demands losing one's life in order to be able to possess and find all things in full liberty.

## Personal Questions

- What form of fasting do you practice? And if you do not practice any, what is the form which you could practice?
- How can fasting help me to better prepare for the celebration of Easter?

## Concluding Prayer

Have mercy on me, O God, in Your faithful love,  
in Your great tenderness wipe away my offenses;  
wash me clean from my guilt, purify me from my sin. (Ps 51:1-2)

## Saturday, February 25, 2023

*Saturday after Ash Wednesday*

## Opening Prayer

Lord our God, merciful Father,  
when You call us to repentance, you want us to turn to people and to build up  
peace and justice among us all.  
According to Your promise, let us become, with Your strength, lights for those in  
darkness, water for those who thirst, re-builders of hope and happiness for all.  
May we thus become living signs of Your love and loyalty, for You are our God for  
ever.

## Gospel Reading - Luke 5:27-32

Jesus saw a tax collector named Levi sitting at the customs post. He said to him, "Follow me." And leaving everything behind, he got up and followed him. Then Levi gave a great banquet for him in his house, and a large crowd of tax collectors and others were at table with them. The Pharisees and their scribes complained to his disciples, saying, "Why do you eat and drink with tax collectors and sinners?" Jesus said to them in reply, "Those who are healthy do not need a physician, but the sick do. I have not come to call the righteous to repentance but sinners."

## Reflection

Today's Gospel presents the same theme which we reflected upon in January in the Gospel of Mark (Mk 2: 13-17). This time, it is only the Gospel of Luke which speaks and the text is much shorter, concentrating its attention on the principal supper which is the call and conversion of Levi, and what the conversion implies for us who are entering into the time of Lent.

Jesus calls a sinner to be His disciple. Jesus calls Levi, a tax collector, and he immediately left everything, follows Jesus, and begins to form part of the group of the disciples. Luke says that Levi had prepared a great banquet in his house. In the Gospel of Mark, it seemed that the banquet was in Jesus' house. What is important here is the insistence on the communion of Jesus with sinners, around the table, which was a forbidden thing.

Jesus did not come for the just, but for sinners. This gesture of Jesus causes great anger among the religious authorities. It was forbidden to sit at table with tax collectors and sinners, because to sit at table with someone meant to treat him as a

brother! With His way of doing things, Jesus was accepting the excluded and was treating them as brothers of the same family of God. Instead of speaking directly with Jesus, the Pharisees speak with the disciples: Why do You eat and drink with tax collectors and sinners? Jesus answers: It is not those that are well who need the doctor; I have come to call not the upright, but sinners, to repentance! His consciousness of His mission helps Jesus to find the response to indicate the way for the announcement of the Good News of God. He has come to unite the dispersed people, to reintegrate those who are excluded, to reveal that God is not a severe judge who condemns and expels, but rather He is Father who accepts and embraces.

## Personal Questions

Jesus accepts and includes people. What is my way of accepting people? Jesus' gesture reveals the experience that He has of God the Father. What is the image of God which I bear and express to others through my behavior?

## Concluding Prayer

Listen to me, Yahweh, answer me, for I am poor and needy.  
Guard me, for I am faithful, save Your servant who relies on You. (Ps 86: 2)

# Sunday, February 26, 2023

*First Sunday of Lent*

## Opening Prayer

Lord Jesus, send Your Spirit to help us read the Bible as You read it to the disciples on the way to Emmaus. In the light of the Word written in the Bible, You helped them to discover the presence of God in the disturbing events of Your sentence and death. Thus, the cross, which seemed to signal the end of all hope, appeared to them as source of life and resurrection.

Create silence in us that we may listen to Your voice in Creation and in Scripture, in events and people, above all in the poor and the suffering. May Your word guide us so that we too, like the disciples on the way to Emmaus, may experience the force of Your resurrection and witness to others that You are alive in our midst as source of brotherhood and sisterhood, of justice and peace. We ask this of You, Jesus, son of Mary, who have revealed the Father and sent Your Spirit. Amen

## Reading

### A Key to the Reading:

Let us read this text describing the temptations of Jesus, temptations that are also those of all human beings. While reading this text we should pay attention to the following: what are the temptations, where do they take place, and how does Jesus deal with them?

## A Division of the Text to Help with the Reading:

- Mt 4:1-2: The situation where and whence the temptation arises: desert, spirit, fast and hunger
- Mt 4:3-4: The temptation concerning bread.
- Mt 4:5-7: The temptation concerning prestige.
- Mt 4:8-11: The temptation concerning power.

## The Text:

**1-2:** Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And He fasted forty days and forty nights, and afterward He was hungry.

**3-4:** And the tempter came and said to Him, "If You are the Son of God, command these stones to become loaves of bread." But He answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"

**5-7:** Then the devil took Him to the holy city, and set Him on the pinnacle of the temple, and said to Him, "If You are the Son of God, throw Yourself down; for it is written, 'He will give his angels charge of you,' and 'On their hands they will bear you up, lest you strike your foot against a stone.'" Jesus said to him, "Again it is written, 'You shall not tempt the Lord your God.'"

**8-11:** Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and the glory of them; and he said to Him, "All these I will give You, if You will fall down and worship me." Then Jesus said to him, "Be gone, Satan! for it is written, 'You shall worship the Lord your God and Him only shall you serve.'" Then the devil left Him, and behold, angels came and ministered to Him.

## A Time of Prayerful Silence

*so that the Word of God may enter into our hearts and enlighten our lives.*

## Some Questions

*to help us meditate and pray.*

- What were the temptations? What is the connection between the Spirit, the desert, the fast and hunger and the temptation of Jesus?
- What does the word temptation suggest to us today? How does it affect me in my daily life?
- The tempter or Satan is he what takes me away from or makes me deviate from God's path. It may be that I have already been Satan for someone, just like Peter was for Jesus.



- The Spirit leads Jesus into the desert to be tempted by the devil. This calls to mind the temptations of the people in the desert after the exodus from Egypt. What does Matthew wish to suggest and teach through this reminder of the temptations of the people in the desert?
- The devil uses the Bible to tempt Jesus. Jesus uses the Bible to overcome temptation! Can the Bible be used for everything? How and for what end do I use the Bible?
- The temptation of the bread. How can we speak of God to those who have all they need? How can we speak of God to those who are hungry?
- The temptation concerning prestige. Prestige from knowledge, from money, from faultless moral conduct, from appearances, from fame, from honor: Do these exist in my life?
- The temptation concerning power. Wherever two people meet, a relationship of power comes into play. How do I use the power that comes my way: in my family, in the community, in society, in my neighborhood? Do I give in to the temptation?

## A Key to the Reading

*for those who wish to go deeper into the matter.*

- Jesus was tempted. Matthew renders the temptations intelligible: temptation of bread, temptation of prestige, temptation of power. These are various forms of messianic hope that, then, existed among the people. The glorious Messiah who, like a new Moses, would feed the people in the desert: "command these stones to turn into bread!" The unknown Messiah who would impose himself on all by means of a spectacular sign in the Temple: "throw yourself from here!" The nationalist Messiah who would come to dominate the world: "All these things I will give to you!"
- In the Old Testament, identical temptations allow the people in the desert to fall after their exodus from Egypt (Deut 6: 3; 6: 16; 6: 13). Jesus repeats history. He resists the temptations and prevents them from perverting God's plan. The tempter or Satan is whatever makes us deviate from God's plan. Peter was Satan for Jesus (Mt 16:23).
- Temptation was always there in the life of Jesus. It went with Him from the beginning to the end, from His baptism to His death on the cross. The more the proclamation of the Good News of the Kingdom spread in the midst of the people, the greater the pressure on Jesus to adapt Himself to the messianic expectations of the people to be the messiah desired and expected by others: "a glorious and nationalist messiah," "a messiah king," "a messiah high priest," "a messiah judge," "a warrior messiah," "a messiah doctor of the law." The letter to the Hebrews says, "Like us, he was tried in all things, except sin" (Heb 4: 15).
- = But temptation never succeeded in distracting Jesus from His mission. He continued firmly on His journey as "The Servant Messiah," as proclaimed by the prophet Isaiah and awaited especially by the poor, the *anawim*. In this, Jesus did not fear-provoking conflicts with the authorities and with those dearest to Him. All those who tried to make Him deviate from his path received hard replies and unexpected reactions:

- Peter tried to take Him away from the cross: "Far from it, Lord, this will never happen!" (Mt 16: 22). And he heard the reply, "Get behind me, Satan!" (Mk 8: 33).
- His relatives, wanted to take Him home. They thought He was mad (Mk 3: 21), but they heard harsh words, which seemed to create a rupture (Mk 3: 33). Then, when Jesus had become famous, they wanted Him to appear more often in public and to remain in Jerusalem, the capital (Jn 7: 3-4). Again, Jesus replies showing that there is a radical difference between his purpose and theirs (Jn 7: 6-7).
- His parents complained: "Son, why have You done so?" (Lk 2: 48). But Jesus replies, "Why were you looking for Me? Do you not know that I must be about My Father's business?" (Lk 2: 49).
- The apostles were glad of the publicity Jesus was getting in the midst of the people and wanted Him to turn towards the people. "Everyone is looking for You!" (Mk 1: 37). But they heard the refusal, "Let us go elsewhere, to the neighboring villages and cities, so that I may preach also to them; it is for this that I have come!" (Mk 1: 38).
- John the Baptist wanted to coerce Jesus into being "the strict judge messiah" (Lk 3: 9; Mt 3: 7-12; Mt 11: 3). Jesus reminded John of the prophecies and asked him to compare them to facts, "Go tell John what you have heard and seen!" (Mt 11: 4-6 and Is 29: 18-19; 3: 5-6; 61: 1).
- The people, when they saw the signs of the multiplication of the bread in the desert, concluded, "This surely is the prophet who is to come on earth!" (Jn 6: 14). They got together to urge Jesus to be "the messiah king" (Jn 5: 15), but Jesus took refuge on the mountain to be with the Father in solitude.
- When in prison and at the hour of darkness (Lk 22: 53), the temptation to be "*the warrior messiah*" appeared. But Jesus says, "Put your sword back into its scabbard!" (Mt 26: 52) and "Pray that you may not *enter into temptation*" (Lk 22: 40,45).
- Jesus turned to the Word of God and there found light and nourishment. Above all, it is the prophecy of the Servant, proclaimed by Isaiah (Isa 42: 1-9; 49: 1-6; 50: 3-9; 52: 13-53, 12) that fills Him and motivates Him to go on. At the baptism and in the transfiguration, He receives the Father's confirmation for His journey, His mission. The voice from heaven repeats the words with which Isaiah presents the Servant of Yahweh to the people, "This is My beloved Son, hear Him!" (Mk 1: 11; 9: 6).
- Jesus defines His mission with these words, "The Son of man did not come to be served but to serve and to give His life for the redemption of many!" (Mt 20: 28; Mk 10: 45). This lesson He learned from His mother, who said to the angel, "Behold the handmaid of the Lord, be it done unto me according to your word!" (Lk 1: 38). By turning to the Word of God to deepen awareness of His mission and by seeking strength in prayer, Jesus faced temptations. In the midst of the poor, the anawim, and united to His Father, faithful to both, He resisted and followed the way of the Servant Messiah, the way of service to the people (Mt 20: 28).

## Psalm 91 (90)

## God Our Protector is With Us in Times of Temptation

He who dwells in the shelter of the Most High, who abides in the shadow of the Almighty, will say to the Lord, "My refuge and my fortress; my God, in whom I trust."

For He will deliver you from the snare of the fowler and from the deadly pestilence;

He will cover you with His pinions, and under His wings you will find refuge;

His faithfulness is a shield and buckler.

You will not fear the terror of the night, nor the arrow that flies by day, nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.

Because you have made the Lord your refuge, the Most High your habitation, no evil shall befall you, no scourge come near your tent.

For He will give his angels charge of you to guard you in all your ways.

On their hands they will bear you up, lest you dash your foot against a stone.

You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.

Because he cleaves to me in love, I will deliver him; I will protect him, because he knows My \_\_\_\_\_ name.

When he calls to Me, I will answer him; I will be with him in trouble, I will rescue him and \_\_\_\_\_ honor \_\_\_\_\_ him.

With long life I will satisfy him, and show him My salvation.

## Closing Prayer

Lord Jesus, we thank You for Your word, which has made the Father's will clearer to us. May Your Spirit enlighten our actions and give us the strength to follow what Your Word has revealed to us. Like Mary, Your Mother, may we not only listen to the Word but also put it into practice. Who live and reign with the Father in the unity of the Holy Spirit for ever and ever. Amen.

## Monday, February 27, 2023

*Lenten Weekday*

## Opening Prayer

Lord, holy God, loving Father, you give us the task to love one another because You are holy and You have loved us before we could love You.

Give us the ability to recognize Your Son in our brothers and sisters far and near.

Make us witnesses that love exists and is alive and that You, the God of love, exist and are alive now for ever.

## Gospel Reading – Matthew 25: 31-46

Jesus said to his disciples: "When the Son of Man comes in his glory, and all the angels with him, he will sit upon his glorious throne, and all the nations will be assembled before him. And he will separate them one from another, as a shepherd separates the sheep from the goats. He will place the sheep on his right and the goats on his left. Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I

was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' Then the righteous will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.' Then he will say to those on his left, 'Depart from me, you accursed, into the eternal fire prepared for the Devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison, and you did not care for me.' Then they will answer and say, 'Lord, when did we see you hungry or thirsty or a stranger or naked or ill or in prison, and not minister to your needs?' He will answer them, 'Amen, I say to you, what you did not do for one of these least ones, you did not do for me.' And these will go off to eternal punishment, but the righteous to eternal life."

## Reflection

The Gospel of Matthew presents Jesus as the New Messiah. Like Moses, Jesus also promulgates the Law of God. As with the ancient law, the new one, given by Jesus, also contains five books or discourses. The Sermon on the Mountain (Mt 5: 1 to 7: 27), the first discourse, opens with eight Beatitudes. The discourse on vigilance (Mt 24: 1 – 25: 46), the fifth discourse, contains the description of the Last Judgment. The Beatitudes describe the door of entrance into the Kingdom, enumerating eight categories of people: the poor in spirit, the meek, the afflicted, those who hunger and thirst for justice, the merciful, the pure of heart, the peacemakers and the persecuted because of justice (Mt 5: 3-10). The parable of the Last Judgment tells us what we should do in order to possess the Kingdom: accept the hungry, the thirsty, the foreigners, the naked, the sick and the prisoners (Mt 25: 35-36): At the beginning, as well as at the end of the New Law, there are the excluded and the marginalized.

- Matthew 25: 31-33: Opening of the Last Judgment. The Son of Man gathers together around Him the nations of the world. He separates people as the shepherd does with the sheep and the goats. The shepherd knows how to discern. He does not make a mistake; sheep on the right, goats on the left. Jesus does not make a mistake. Jesus does not judge nor condemn. (cfr. Jn 3: 17; 12: 47). He does not separate alone. It is the person himself/herself who judges and condemns because of the way in which he/she behaves toward the little ones and the excluded.
- Matthew 25: 34-36: The sentence for those who are at the right hand of the Judge. Those who are at the right hand of the judge are called Blessed of my Father! That is, they receive the blessing which God promised to Abraham and to his descendants (Gen 12: 3). They are invited to take possession of the Kingdom, prepared for them from the foundation of the world. The reason for the sentence is the following: I was hungry, a foreigner, naked, sick and prisoner, and you accepted me and helped me! This sentence makes us understand who are the sheep. They are the persons who accepted the Judge when he was hungry, thirsty, a foreigner, naked, sick and prisoner. Because of the way of speaking about my Father and the Son of Man, we can know that the Judge is precisely Jesus Himself. He identifies Himself with the little ones!
- Matthew 25: 37-40: A request for clarification and the response of the Judge: Those who accept the excluded are called just. That means that the justice of the Kingdom is not attained by observing norms and prescriptions, but rather

by accepting those in need. But it is strange that the just do not even know themselves when they accepted Jesus in need. Jesus responds: Every time that you have done this to one of my brothers, you have done it to me. Who are these little brothers of mine? In other passages of the Gospel of Matthew, the expression “my brothers” indicates the disciples (Mt 12: 48-50; 28: 10). This also indicates the members of the community who are more abandoned and neglected who have no place and are not well received (Mt 10: 40). Jesus identifies Himself with them. In the broader context of the last parable, the expression “my smallest brothers” is extended and includes all those who have no place in society. It indicates all the poor. The just and the blessed by my Father are all the persons from all nations who accept and welcome others with total gratuity, independently of the fact that they are Christians or not.

- Matthew 25: 41-43: The sentence for those who were at the left-hand side. Those who were on the other side of the Judge are called cursed and they are destined to go to the eternal fire, prepared by the devil and his friends. Jesus uses a symbolic language common at that time to say that these persons will not enter into the Kingdom. And here, also, their is only one reason: they did not accept or welcome Jesus as one who is hungry, thirsty, a foreigner, naked, sick and/or a prisoner. It is not that Jesus prevents them from entering into the Kingdom, rather it is our way of acting that is our blindness which prevents us from seeing Jesus in the little ones.
- Matthew 25: 44-46: A request for clarification and the response of the Judge. The request for clarification indicates that it is a question of people who have behaved well, people who have their conscience in peace. They are certain to have always practiced what God asked from them. For this reason they were surprised when the Judge says that they did not accept Him, did not welcome Him. The Judge responds: Every time that you have not done these things to one of my brothers, the little ones, you did not do it to me. It is the omission! They did not do anything extra. They only missed practicing good towards the little ones and the excluded. This is the way the fifth Book of the New Law ends!

In the saints and Church Fathers we have a lot to learn about virtues and vices. It is not enough to just avoid vice, or sin, but to also work toward attaining virtue and virtuous behavior. To do no harm is not the same as to help. This is what we are called to do: to not just avoid doing wrong or harm, but to go out of our way to do good as well.

## Personal Questions

- What struck you the most in this parable of the Last Judgment?
- Do I focus my life more on avoiding harm or on doing good for others?
- Stop and think: if the Last Judgment would take place today, would you be on the side of the sheep or on the side of the goats?

## Concluding Prayer

The precepts of Yahweh are honest, joy for the heart  
the commandment of Yahweh is pure, light for the eyes. (Ps 19, 8)

# Tuesday, February 28, 2023

## Opening Prayer

Lord God,

You speak Your mighty word to us, but we cannot hear it unless it stirs our lives and is spoken in human terms.

Keep speaking Your word to us, Lord, and open our hearts to it, that it may bear fruit in us when we do Your will and carry out what we are sent to do.

We ask You this through Your living Word, Jesus Christ our Lord.

## Gospel Reading – Matthew 6: 7-15

Jesus said to his disciples: "In praying, do not babble like the pagans, who think that they will be heard because of their many words. Do not be like them. Your Father knows what you need before you ask him. "This is how you are to pray: Our Father who art in heaven, hallowed be thy name, thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. "If you forgive men their transgressions, your heavenly Father will forgive you. But if you do not forgive men, neither will your Father forgive your transgressions."

## Reflection

There are two versions of the Our Father: Luke (Lk 11: 1-4) and Matthew (Mt 6: 7-13). In Luke, the Our Father is shorter. Luke writes for the communities which came from Paganism. In Matthew the Our Father is found in the Discourse on the Mountain, in the part where Jesus orientates the disciples in the practice of the three works of piety: alms (Mt 6: 1-4), prayer (Mt 6: 5-15) and fasting (Mt 6: 16-18). The Our Father forms part of a catechesis for the converted Jews. They were accustomed to pray, but had some vices which Matthew tries to correct.

- Matthew 6: 7-8: The faults to be corrected. Jesus criticizes the people for whom prayer was a repetition of a magic formula, strong words addressed to God to oblige Him to respond to our needs. The acceptance of our prayer by God does not depend on the repetition of words, but on God's goodness, on God who is love and mercy. He wants our good and knows our needs even before we pray to Him.
- Matthew 6: 9a: The first words: Our Father, Abba Father, is the name which Jesus uses to address Himself to God. It reveals the new relationship with God that should characterize the life of the communities (Ga 4: 6; Rm 8: 15). We say Our Father and not My Father. The adjective places the accent on the awareness or knowledge that we all belong to the great human family of all races and creeds. To pray to the Father is to enter in intimacy with Him. It also means to be sensitive to the cry of all the brothers and sisters who cry for their daily bread. It means to seek in the first place the Kingdom of God. The experience of God as our Father is the foundation of universal fraternity.
- Matthew 6: 9b-10: Three requests for the cause of God: The Name, the Kingdom, the Will. In the first part we ask that our relationship with God may be re-established again. To sanctify His name: The name JAHVE means I am with you! God knows. In this name He makes Himself known (Ex 3: 11-15). The name of God

is sanctified when it is used with faith and not with magic; when it is used according to its true objective, not for oppression but for the liberty or freedom of the people and for the construction of the Kingdom. The coming of the Kingdom: The only Lord and King of life is God (Is 45: 21; 46: 9). The coming of the Kingdom is the fulfillment of all the hopes and promises. It is life in plenitude, the overcoming of frustration suffered with human kings and governments. This Kingdom will come when the Will of God will be fully accomplished. To do His will: The will of God is expressed in His Law. His will be done on earth as it is in Heaven. In Heaven the sun and the stars obey the laws of their orbit and create the order of the universe (Is 48: 12-13). The observance of the law of God will be a source of order and well-being for human life.

- Matthew 6: 11-13: Four petitions for the cause of the brothers: Bread, Pardon, Victory, Liberty. In the second part of the Our Father we ask that the relationship among persons may be restored. The four requests show how necessary it is to transform or change the structures of the community and society in order that all the sons and daughters of God may have the same dignity. The daily bread. In Exodus the people received the manna in the desert every day (Ex 16: 35). Divine Providence passed through the fraternal organization, the sharing. Jesus invites us to live a new Exodus, a new fraternal way of living together which will guarantee the daily bread for all (Mt 6: 34-44; Jo 6: 48-51). Forgive us our debts: Every 50 years, the Jubilee Year obliged people to forgive their debts. It was a new beginning (Lv 25: 8-55). Jesus announces a new Jubilee Year, a year of grace from the Lord (Lk 4:19). The Gospel wants to begin everything anew! Do not lead us into temptation, do not put us to the test: In Exodus, people were tempted and fell (Dt 9: 6-12). The people complained and wanted to go back (Ex 16: 3; 17: 3). In the new Exodus, the temptation will be overcome by the strength which people receive from God (I Co 10: 12-13). Deliver us from evil: The Evil One is Satan, who draws away from God and is a cause of scandal. He succeeds in entering in Peter (Mt 16: 23) and to tempt Jesus in the desert. Jesus overcomes him (Mt 4: 1-11). He tells us: Courage, I have conquered the world! (Jn 16: 33).
- Matthew 6: 14-15: Anyone who does not forgive will not be forgiven. In praying the Our Father, we pronounce the phrase which condemns us or absolves us. We say: Forgive our trespasses as we forgive those who trespass us (Mt 6:12). We offer God the measure of pardon that we want. If we forgive very much, He will forgive us very much. If we forgive little, He will forgive little. If we do not forgive, He will not forgive us.

## Personal Questions

- Jesus prayer says forgive our debts . In some countries it is translated as forgive our offenses . What is easier to forgive, the offenses or to forgive the debts?
- Christian nations of the Northern Hemisphere (Europe and USA) pray everyday: Forgive our debts as we forgive those who are in debt to us! But they do not forgive the external debt of poor countries of the Third World. How can we explain this terrible contradiction, source of impoverishment of millions of people?
- Debt, in the context of society, is not only money. In fact, in referring to people who have served time in jail we say “they have paid their debt to society.” Do we

accept these people back into society? Not only have they paid their “debt,” they are often treated as having not been forgiven.

- How do we forgive others in terms of immigration, documented or not, and accept them into our communities?

## Concluding Prayer

Proclaim with me the greatness of Yahweh, let us acclaim His name together.  
I seek Yahweh and He answers me, frees me from all my fears. (Ps 34: 3-4)