




# 2020 program

## FEBRUARY

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR  
Evening Meditation: Thursday 7.00 – 7.45 MR  
*Lectio Divina*: Fridays 9.30 – 10.30am OLMC
- 5 Wed  **A sharing among the Carmelite Family**  
*Carmelite Conversations*  
with participants  
10.30am – noon CL
- 11 Tue **Eco-Spiritual Reading Circle**  
5.00pm – 6.30pm MR
- 15 Sat  **Introduction to Meditation**  
with Matthew McPhee OCarm  
and Kathryn Pile  
10.00am – 1.00pm OCP
- 18 Tue **Briege McKenna**  
*Spiritual Reading Group*  
with Hugh Morrison  
4.30pm – 6.00pm CL
- 20 Thu  **Introduction to Discernment**  
*Spiritual Horizons Program*  
with Jamie Miller  
2.00pm – 4.30pm OCP
- 25 Tue **Matthew's Lenten Gospels**  
with Hugh Brown OCarm  
7.00pm – 9.00pm OCP

### Carmelite Logo

 Events in our program focusing on Carmelite Spirituality are accompanied by this logo.

## MARCH

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR  
Evening Meditation: Thurs 7 – 7.45 MR  
*Lectio Divina*: Fridays 9.30 – 10.30am OLMC
- 4 Wed  **Jessica Powers**  
*Carmelite Conversations*  
with Philip Harvey  
10.30am – noon CL
- 12 & 19 Thu  **Seasons of the Heart**  
*Spiritual Horizons Program*  
with David Hofman OCarm  
3.00pm – 4.30pm CL
- 17 Tue **Walt Whitman**  
*Spiritual Reading Group*  
with Susan Southall  
4.30pm – 6.00pm CL

### KEY to Venues

CL	Carmelite Library	<b>These three venues are at 214 Richardson Street Middle Park</b>
MR	Malone Room	
OCP	O'Connor/Pilkington	
OLMC	Our Lady of Mount Carmel Church, Cnr Richardson and Wright Streets, Middle Park	


### Afternoon Meditation Program

A series of contemplative meditation sessions drawing on the Christian tradition, spiritual writing and scripture to deepen a way of being in God's Presence. Run by Kathryn Pile with weekly one hour sessions on Tuesdays at 1.00 (except in school holidays, September, and on Cup Day).

## APRIL

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR  
Evening Meditation: Thurs 7 – 7.45 MR  
*Lectio Divina*: Fridays 9.30 – 10.30am OLMC
- 1 Wed  **Saint Thérèse of Lisieux**  
*Carmelite Conversations*  
with Bernadette Micallef  
10.30am – noon CL
- 3 Fri **"Carmelite Family" Residential Retreat**  
4 Sat *Silent residential retreat*  
5 Sun *with Matthew McPhee OCarm*  
7.00pm Friday to after lunch on Sunday  
at Santa Casa, Flinders Street, Queenscliff
- 9 Thu **Holy Thursday – Easter Sunday**  
*Join us at St Joseph's Church, Port Melbourne or Our Lady of Mount Carmel Church, Middle Park.*  
*Times & details at [www.sj-mc.org.au](http://www.sj-mc.org.au)*
- 18 Sat **Visit of Relics of St Thérèse of Lisieux**  
*Further details: [www.sj-mc.org.au](http://www.sj-mc.org.au)*
- 21 Tue  **Etty Hillesum**  
*Spiritual Reading Group*  
with Biruta Flood Mellins  
4.30pm – 6.00pm CL


### Carmelite Family Retreat Weekend

 This silent residential weekend offers a reflective experience to mature and deepen our spirituality with quiet time and prayer alone and with others in the Carmelite Family. The Carmelite Family is all those interested in and influenced by Carmelite spirituality.

## MAY

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR  
Evening Meditation: Thurs 7 – 7.45 MR  
*Lectio Divina*: Fridays 9.30 – 10.30am OLMC
- 6 Wed  **Letters of Edith Stein**  
*Carmelite Conversations*  
with Sr Paula OCDM  
10.30am – noon CL
- 12 Tue **Eco-Spiritual Reading Circle**  
5.00pm – 6.30pm OCP
- 14 & 21 Thu  **Walking in the footsteps of Jesus in the Carmelite Charism**  
*Spiritual Horizons Program*  
with Bernadette Micallef  
3.00pm – 4.30pm CL
- 19 Tue **Syncletica, Desert Mother**  
*Spiritual Reading Group*  
with Jill Renison  
4.30pm – 6.00pm CL

### Spiritual Horizons – New in 2020

-  The Spiritual Horizons Program presents in some depth a number of key themes related to Carmelite spirituality. The Program aims:
- to facilitate our personal spiritual journey by exploring specifically Carmelite topics;
  - to provide practical ways of engaging in a personal discernment process throughout; and
  - to contribute to building a community around Carmelite spirituality.

Beginning with an introductory session in February to assist in the process of personal discernment throughout the program, it offers four lots of two-week sessions on Thursday afternoons in March, May, July, October. *Topics, dates, times and presenters are listed in this program and on the website under Events.*

## JUNE

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR  
Evening Meditation: Thurs 7 – 7.45 MR  
*Lectio Divina*: Fridays 9.30 – 10.30am OLMC
- 2 Tue **Spirituality in Islam**  
*Library Lecture 1*  
with Herman Roborgh  
7.00pm – 9.00pm OCP
- 3 Wed  **Blessed Titus Brandsma**  
*Carmelite Conversations*  
with Paul Cahill OCarm  
10.30am – noon CL
- 16 Tue **Karen Armstrong**  
*Spiritual Reading Group*  
with Jenny Raper  
4.30pm – 6.00pm CL
- 21 Sun **Winter Solstice Reflection**  
*A Gathering to Celebrate Creation*  
5.30pm – 7.30pm OCP

### Creative Spirituality Workshops – New in 2020

Growing out of the 2019 Symposium on *Ways of Seeing* is a program of seven **Creative Spirituality Workshops**.




Details of each workshop are on the website. It is advised to book early as numbers are limited.

**Chanting with Susan Frykberg.** Old and new Christian chants. No musical ability required, nor prior experience in chanting. Begins with four Saturdays in February. Later dates to be advised on the website.

**Art-Journaling with Pam Cox.** Art-journaling practice, learning to see and record your life as a work of art. Six fortnightly sessions, Tuesdays February to April.

**Poetry with Philip Harvey.** Reading and writing poetry, working through different aspects of the spiritual life. Ten sessions, 2nd Tuesday of month February to November.

## JULY

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR  
Evening Meditation: Thurs 7 – 7.45 MR  
*Lectio Divina*: Fridays 9.30 – 10.30am OLMC
- 1 Wed  **The Frankfurt Altarpiece**  
*Carmelite Conversations*  
with Clare O'Callaghan  
10.30am – noon CL
- 16 & 23 Thu  **Silence in the Life of Carmel**  
*Spiritual Horizons Program*  
with Jamie Miller  
3.00pm – 4.30pm CL
- 19 Sun  **Feast of Our Lady of Mount Carmel**  
*celebrated with our annual Mothers' Mass*  
*All most welcome to attend.*  
10.30am Our Lady of Mount Carmel Church
- 21 Tue **Rose Macaulay**  
*Spiritual Reading Group with Carol O'Connor*  
4.30pm – 6.00pm CL









**Iconography with Rob Gallacher.** The aim is to paint an icon of Christ Pantocrator in ten sessions over two weekends in May.



**Calligraphy with Sally Diserio.** Introduction to the use of a broad edged nib followed by the study of classical calligraphy alphabets, i.e. the foundational hand and the uncial hand. Six sessions May to July.





**Mandala with Michele Harris.** Art making as a spiritual journey utilising mandala as the conduit. Four sessions in the second half of the year. Dates to be advised.

**The Spirit in Movement with Suzanne Fermanis.** Movement prayer classes, which will include relaxation and yoga-based exercises. Four sessions in the second half of the year. Dates to be advised.



AUGUST		SEPTEMBER		OCTOBER	
Weekly	Afternoon Meditation: Tuesday 1.00 – 2.00 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC	Weekly	No Tuesday Afternoon Meditation this month. Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC	Weekly	Afternoon Meditation: Tuesday 1.00 – 2.00 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
5 Wed	 <b>Saint Teresa of Avila &amp; the Interior Castle</b> <i>Carmelite Conversations</i> with Sr Marie-Aimee OCDM 10.30am – noon CL	2 Wed	 <b>Portraits of Lay Carmelites</b> <i>Carmelite Conversations</i> with Emily Rudov 10.30am – noon CL	7 Wed	 <b>The Carmelite Rule</b> <i>Carmelite Conversations</i> with Teresa Paradowski 10.30am – noon CL
11 Tue	<b>Eco-Spiritual Reading Circle</b> 5.00pm – 6.30pm OCP	9 Wed	 <b>The 2020 Carmelite Way Pilgrimage Information Evening</b> with The Carmelite Centre Team 6.30pm – 8.00pm OCP	20 Tue	<b>John Henry Newman</b> <i>Spiritual Reading Group</i> with Brian Harold 4.30pm – 6.00pm CL
14 Fri 15 Sat 16 Sun	 <b>“Carmelite Family” Residential Retreat</b> <i>Silent residential retreat</i> with Matthew McPhee OCarm 7.00pm Friday to after lunch on Sunday at Santa Casa, Flinders Street, Queenscliff <i>Check the website for further details.</i>	15 Tue	<b>Dame Julian of Norwich</b> <i>Spiritual Reading Group</i> with Janette Elliott 4.30pm – 6.00pm CL	22 & 29 Thu	 <b>Justice &amp; Peace in the Carmelite Tradition</b> <i>Spiritual Horizons Program</i> with Clare McArdle 3.00pm – 4.30pm CL
18 Tue	<b>Richard Rohr</b> <i>Spiritual Reading Group</i> with Susan Frykberg 4.30 – 6.00pm CL	<div>Carmelite Way Pilgrimage</div>  Join us on our <b>eleventh annual pilgrimage</b> along the beautiful Lilydale Warburton Rail Trail culminating at the Sancta Sophia Meditation Centre in Warburton. <b>FRIDAY 13 to SUNDAY 15 NOVEMBER</b>		<div>Carmelite Family Retreat Weekend</div>  This silent residential weekend offers a reflective experience to mature and deepen our spirituality with quiet time and prayer alone and with others in the Carmelite Family. The Carmelite Family is all those interested in and influenced by Carmelite spirituality.	
25 Tue	<i>Everywhere you go, you take the weather with you!</i> <b>Personality, spirituality, and the sense of self.</b> <i>Library Lecture 2</i> with Bill Attard 7.00pm – 9.00pm OCP				

Lectio Divina		Carmelite Conversations		Pastoral Supervision – New in 2020	
 Every Friday at 9.30am in Our Lady of Mount Carmel Church, Middle Park, David Hofman OCarm leads a group in understanding and praying the scriptures using the practice of <i>lectio divina</i> (divine reading) <i>For more details check the website under Support / Stillness &amp; Silence.</i>		 On the first Wednesday morning of each month (February to December) we explore a topic related to the rich tradition of Carmelite spirituality. The dates and topics are listed in this program and on the website under Events. Please book. All are welcome to join the conversation any month.		Pastoral Supervision provides professional and personal support to people working in Church Ministry. Offered in a trusting and confidential setting, the benefits can include improved workplace relationships, renewed sense of vocation, clarity of roles, support and managing stress. <i>For more details check the website under Support.</i>	
Spiritual Direction		Spiritual Reading Group		Your Parish, School, Organisation	
Spiritual Direction conversations about what’s important to you can support and facilitate your spiritual journey. <i>For more details check the website under Support.</i>		On the third Tuesday afternoon of each month (February to November) we explore a text from a mystic or spiritual thinker. You are welcome to attend any month.		You can request our qualified and experienced facilitators to provide workshops and retreats for your parish, school or organisation.	

NOVEMBER	
Weekly	Afternoon Meditation: Tuesday 1.00 – 2.00 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
4 Wed	 <b>Saint Teresa of Avila &amp; the Presence of God</b> <i>Carmelite Conversations</i> with Sr Miriam OCDM 10.30am – noon CL
8 Sun	<b>Commissioning Liturgy for Pilgrims</b> 10.30am OLMC
10 Tue	<b>Eco-Spiritual Reading Circle</b> 5.00pm – 6.30pm OCP
13 Fri	 <b>The Carmelite Way Pilgrimage</b> begins at 9.00am Lilydale Station
17 Tue	<b>Saint Kassiani the Hymnographer</b> <i>Spiritual Reading Group</i> with Bata Bardak 4.30pm – 6.00pm CL
DECEMBER	
Weekly	Afternoon Meditation: Tuesday 1.00 – 2.00 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
2 Wed	 <b>Saint John of the Cross</b> <i>Carmelite Conversations</i> with Michael Brundell, OCarm 10.30am – noon CL
	All are welcome to join the community of Our Lady of Mount Carmel and St Joseph’s for Christmas services. Check website in December for details: <a href="http://www.sj-mc.org.au">www.sj-mc.org.au</a>

THE

CARMELITE

CENTRE MELBOURNE

Our program is designed around three threads which reflect the Carmelite Way:

Stillness & Silence

gives us the reflective space from which we can act.

Express & Explore

allows us to meet others with whom we can think and talk about the Carmelite Way.

Embrace & Act

allows us to bring contemplation into every aspect of our lives.

The Carmelite Centre Melbourne

is a joint ministry of the Carmelites of Australia & Timor-Leste and the Carmelite Parish of Port Melbourne/Middle Park.

214 Richardson Street

Middle Park Vic 3206

(03) 9690 5430

www.thecarmelitecentremelbourne.org

info@thecarmelitecentremelbourne.org

By tram: No. 12 from Collins Street to stop 135 (Richardson Street)

No. 96 from Bourke Street to stop 129 (MSAC / Wright Street)

By car: Melways Reference: 2K C10

THE

CARMELITE

CENTRE MELBOURNE



facilitating spiritual journeys

2020

PROGRAM